

Wanting to improve your study skills? Cram more efficiently for that next big exam? Need techniques for writing stronger essays and personal statements?

Every student at every age and skill level can benefit from a [Reach Cambridge Online Study Skills Course](#). Tailored to each individual student, our Study Skills tutorials helps students to gain new competencies, improve efficiency, boost confidence and so much more. We also believe strongly in empowering students to protect their mental health while they're working hard at school and include conversations throughout each course on dealing with stress, finding time for physical activity, and the importance of healthy eating and a regular sleep schedule.

Study Skills can be taken as a course on its own—lasting anywhere from 10 to 20 hours and longer—or it can be taken as a 5-hour bundle and attached to any of our other academic subjects.

To help you decide what to study and how to get started customising your own one-to-one course, we've pulled together a list of general study areas we think students often benefit from most. Whatever you're looking to improve, Reach's qualified and experienced tutors are here to help!

Past students brainstorming study techniques!



6 Main Areas of Study Skills

- **Academic Writing:** learn how to write a strong thesis, structure essays, improve clarity, and more. Not limited to essay writing alone, this subject is great for writing personal statements, blog posts, and anything else you might want to share with the world in writing.
- **Exam & Revision Skills:** at Reach we believe in studying smarter, not harder, and in helping students to discover how they learn and process information best. Every brain is different so part of becoming a better student is learning how to work with your brain to process information, retain it, and put it into action. Learn about mind maps, how to take effective

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notes, when you should really start revising, how colour coding can help, and more.

- Public Speaking: many students find public speaking difficult, but there are concrete ways to make the task easier and less intimidating. Learn about what makes for an effective speech, how to cope with anxiety, and how skills learned from public speaking can be applied to other areas of your life.
- Presentation Skills: specifically relating to presentations that require visual aids, this session can overlap with public speaking or can introduce new information altogether. Learn how to grab your audience's attention, communicate complex information clearly, and make sure that the most important ideas or figures are remembered long after you walk away from the room.
- Interview Skills: looking to interview for a place at university or a summer job? Many of us find interviews stressful when we first start having them, but they don't have to be. Learn about what you can prep in advance, exactly how honest you should be, and how to leave a good impression on your interviewers every time.
- University Applications: applying to university is now often so involved that it has become its own skill. Dive into questions like what you might want to study? How to get involved with student groups and committees? What to include in your personal statement? How to keep happy during your first months away? and more!

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