

Today was our first full day of the Reach Program - and we had so much fun! The day began with a lovely **breakfast** in the fancy college dining halls. Students then were able to explore their subject in the first classes of the program. From **psychology to economics**, the students spent the morning doing a variety of tasks, from discussions to field trips around Cambridge. For example, the **physics class** learnt about the laws of physics then took a trip to **Trinity College** where Sir Isaac Newton studied while the psychology class discussed theories of wellbeing.

After class, students had some **free time** to explore Cambridge and get some lunch. The afternoon consisted of the famous **Reach Cambridge Instravaganza** - a scavenger hunt around Cambridge. In groups, students followed clues to famous locations all around Cambridge. Once at each location they were tasked with taking an exciting and creative photo (all of which can be found on [Instagram](#) at **#ReachCambridge2017**)! There will be a **prize** for the winning photos but as you can see picking a winner will be a hard task!

After the Instravaganza, the students returned to college for **dinner** before attending the evening **lecture**. Today's lecture was given by the [Sabre Trust](#), a charity with whom Reach have partnered for many years. Sabre focuses on building a brighter future for school children in Ghana and students on the **Community Outreach Add-On** will have the chance to organise some amazing fundraising events later on in the program.

Community Outreach
inspired by the Sabre
lecture!

After the lecture, the students were escorted to Downing College where the supervisors led them in some **icebreakers** to get to know each other. Beginning with balloon races, it became very competitive and we all had a lot of fun! In one game, students had to race to find other students who had completed certain tasks such as: one student who is in a choir, one student who has read all of the Lord of the Rings, one student who has never been on the London Underground, and so on. Once the fun of icebreakers had finished, students had a little bit of free time before bed. Some went to grab some groceries, whilst others hung out in college with their **new friends**.

All in all today was a really enjoyable, jam-packed day. Students got to learn, meet new people, explore Cambridge, and have a lot of fun!

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Today's video...

https://www.reachcambridge.com/wp-content/uploads/2017/07/VID_190971001_011819_978-1.mp4

~by Hannah, Welfare Coordinator (recent History graduate from King's College, Cambridge)

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