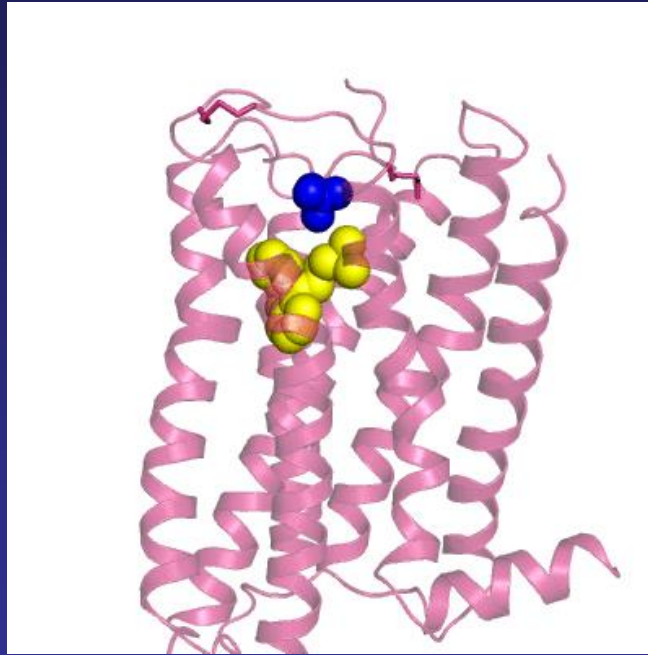


# Introduction to Receptor Pharmacology

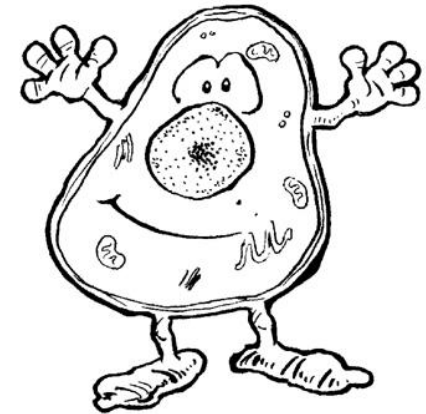
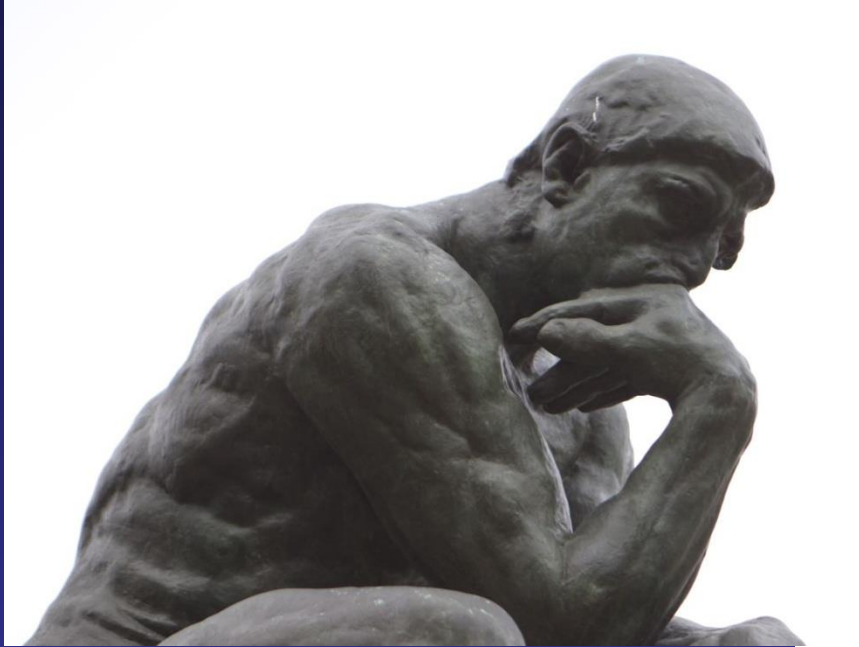


Dr Taufiq Rahman  
2<sup>nd</sup> August 2016

Part I:

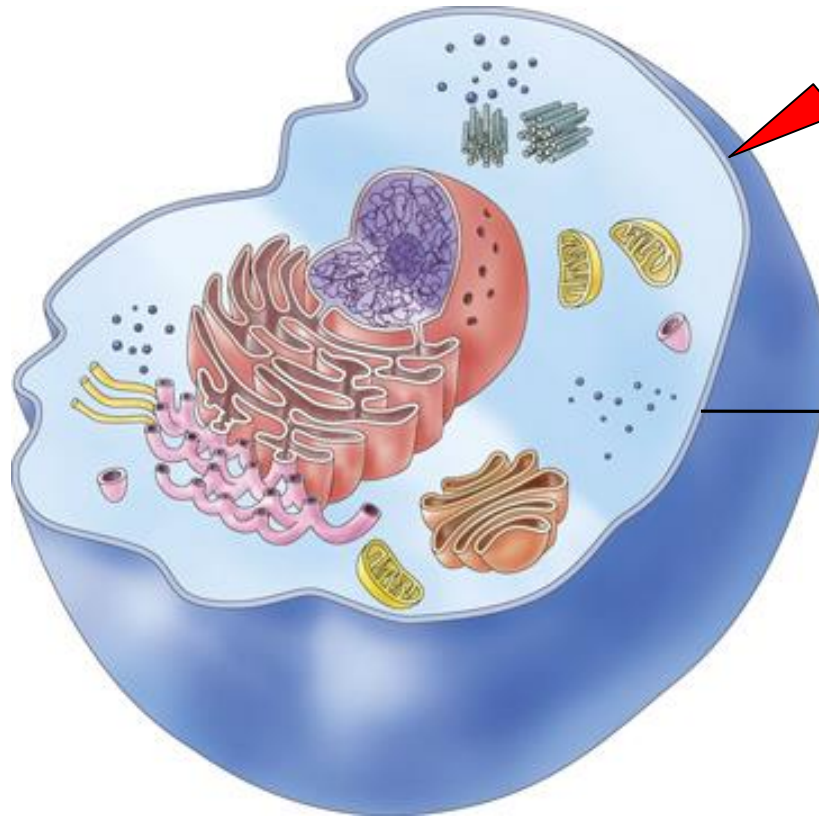
A general overview of receptors

# what is sustaining life?



how a cell biologist will look at this?

# sustaining life means that cells are 'alive & kicking' properly



external world  
(continually changing,  
full of pleasant &  
unpleasant surprises)

cells, though insulated  
by a membrane, need  
to adapt to these  
changes

it is absolutely critical that these external changes are  
**recognized** properly and on time

# sustaining life then becomes.....

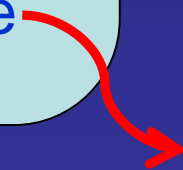
receiving the external  
changes (recognition)



interpretation of the  
messages  
(decoding)

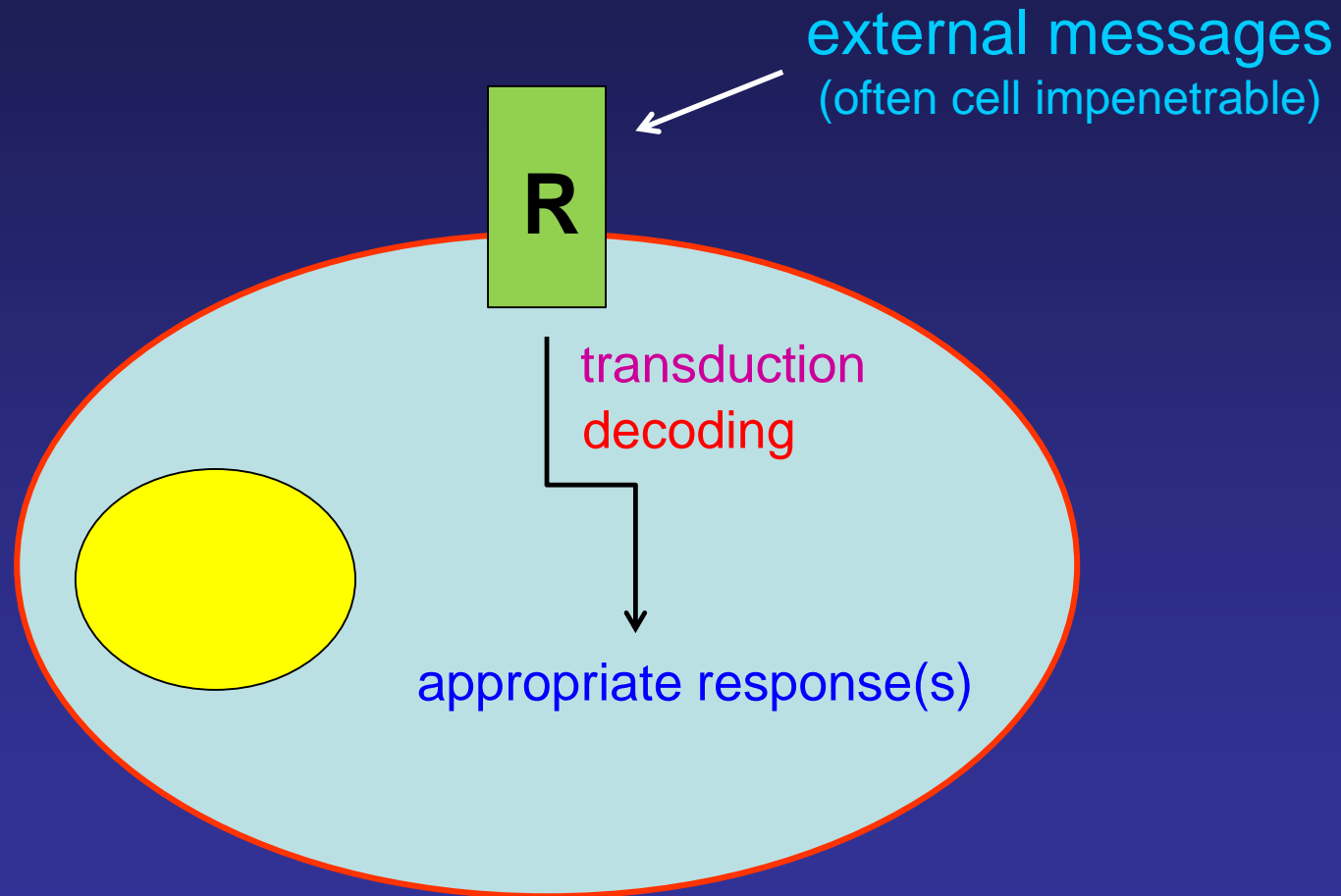


execution of appropriate  
responses



this is crucial for maintaining the normalcy within  
(homeostasis)

# cells have receptors to 'receive' and 'process' the extracellular information



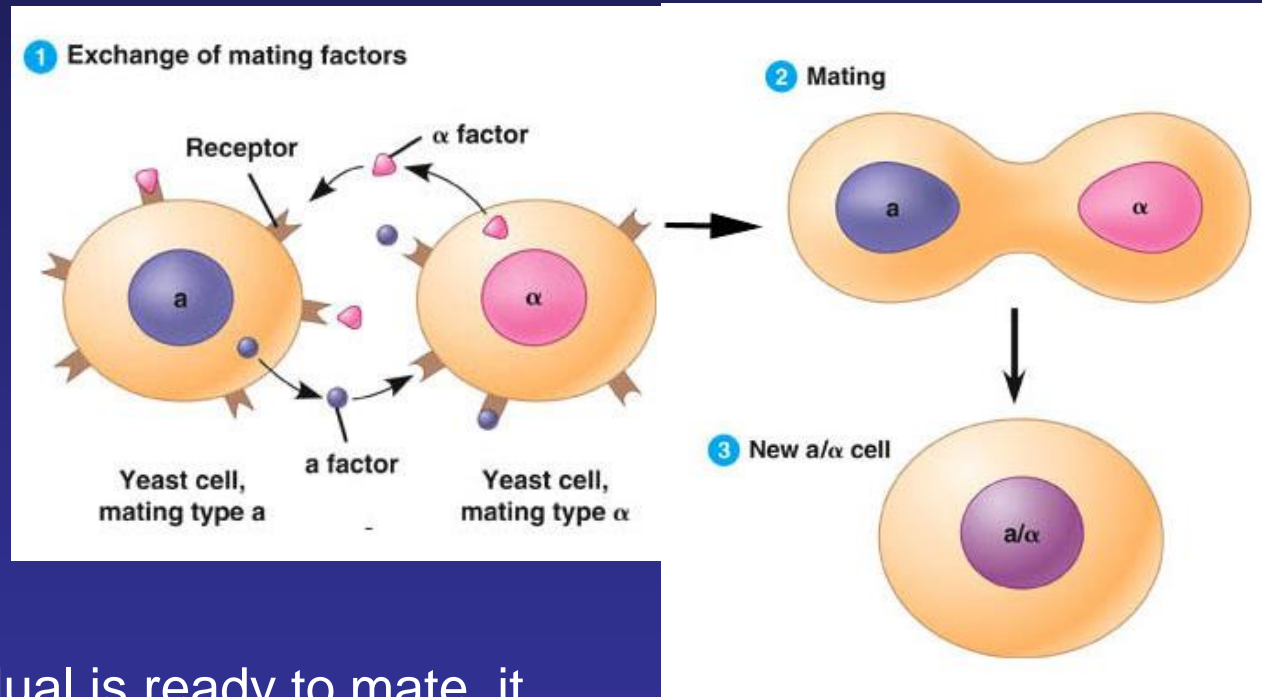
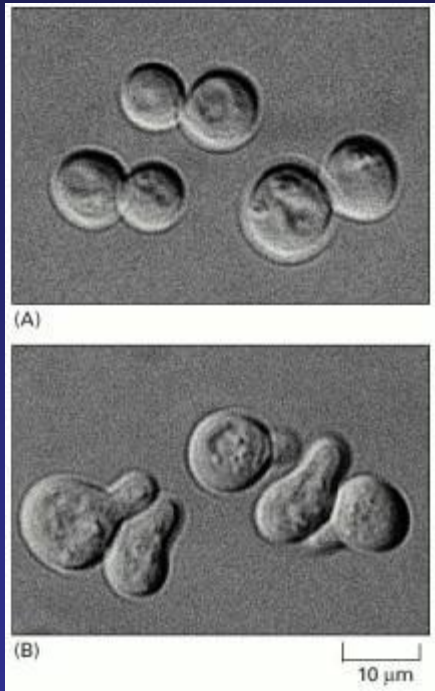
receptors ensure that cells always know what they are, where they are, and what they should be doing

# what are receptors

- these are specialized, membrane-bound proteins
- they receive (bind to) external stimuli
- upon receiving external signal, they undergo structural changes
- this ultimately triggers various cellular activities
- thus they effectively serve as **signal transducer**

# receptors are primitive means for cell survival

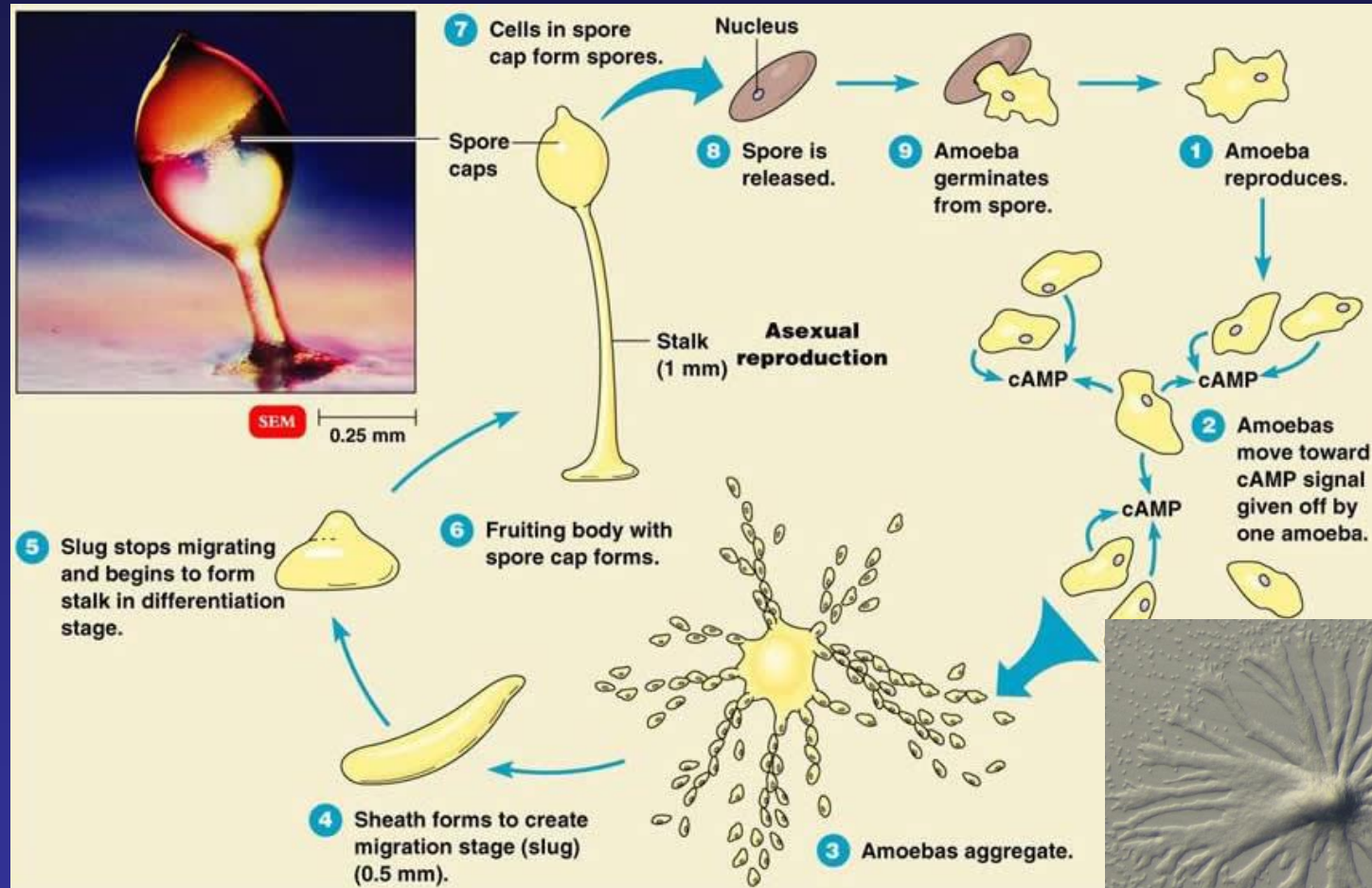
pheromone signalling of haploid Yeast (*Saccharomyces cerevisiae*)



when a haploid individual is ready to mate, it secretes a **peptide mating factor** that signals cells of the opposite mating type to stop proliferating and prepare to mate



# receptors are primitive means for survival



slime mold (*Dictyostelium discoideum*)

once the supply of food is exhausted, individual amoebae begin to move together (~1mm/hr) – triggered by cAMP released from starving ones!

# receptors' role as readers are critical

problem occurs.....

failure in reading

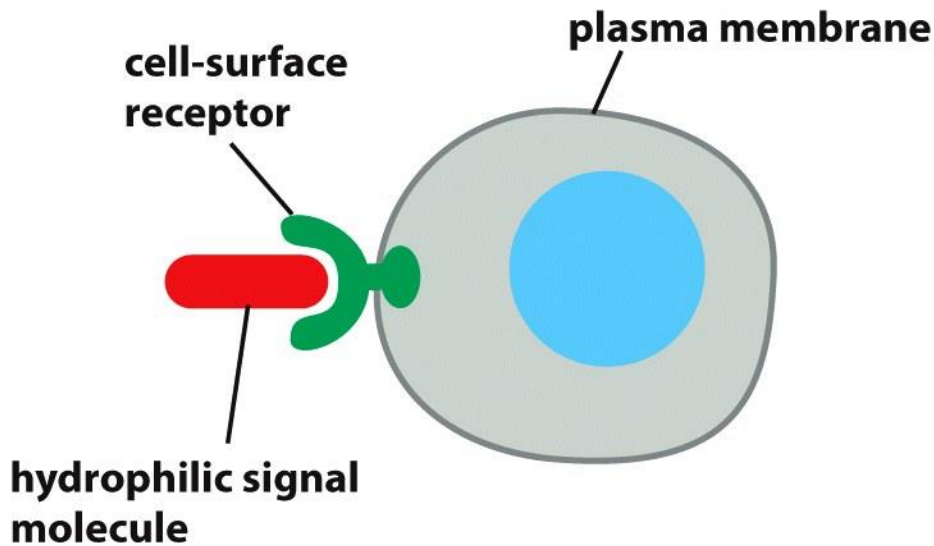
reading too much

reading the wrong message

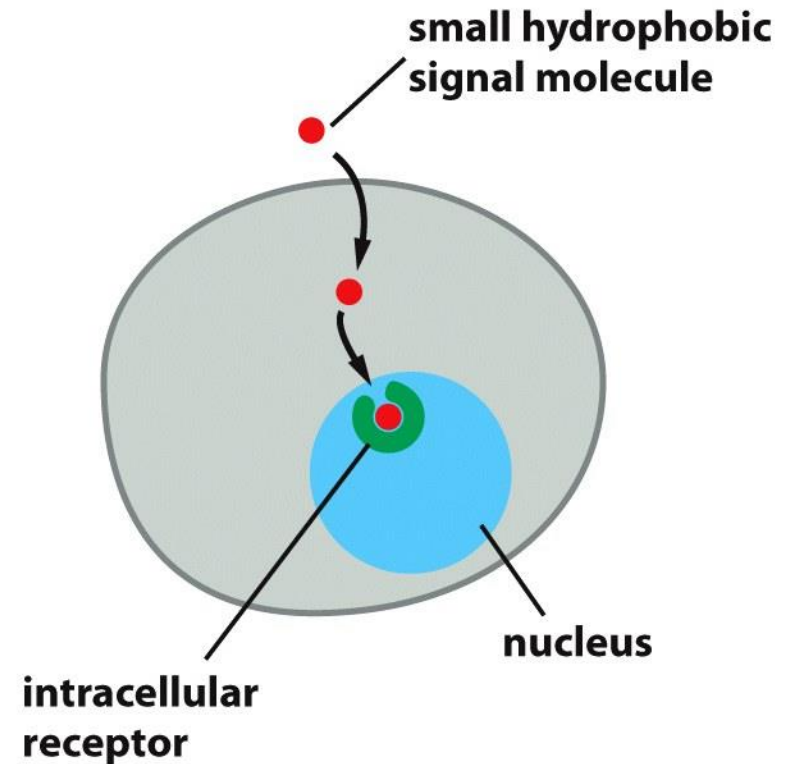


# what do receptors read – the first messenger

(A) CELL-SURFACE RECEPTORS



(B) INTRACELLULAR RECEPTORS



# common first messengers for receptors

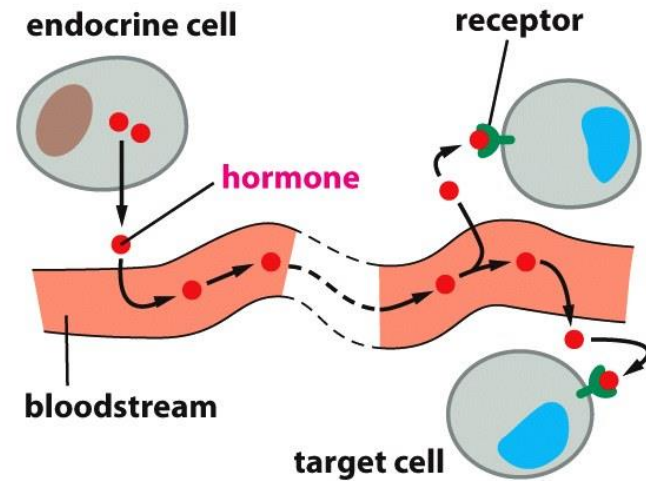
- Amino acids and their derivatives – glutamate, GABA, glycine
- Proteins & peptides (various hormones, growth factors)
- Nucleotides – ATP, ADP, AMP
- Small inorganic ion (eg.  $\text{Ca}^{2+}$ )
- derivatives of fatty acids
- steroids
- retinoids
- gases ( $\text{NO}$ ,  $\text{H}_2\text{S}$ )
- physical stimuli (heat, cold, touch, smell, light etc.)
- and most of the drug molecules

if any of the above (most actually do) physically binds to a receptor, it is called a **'ligand'**

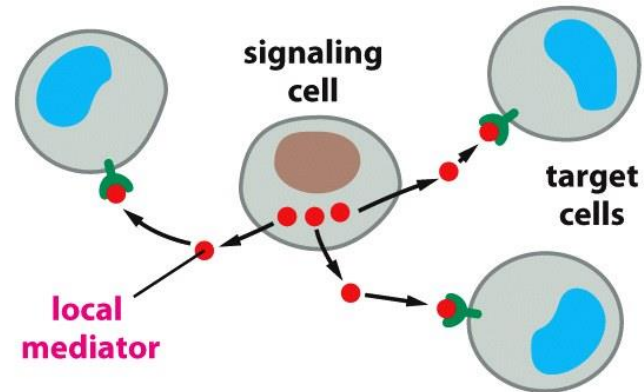
# delivering the signal to its receptor

*first messengers operate over various distances*

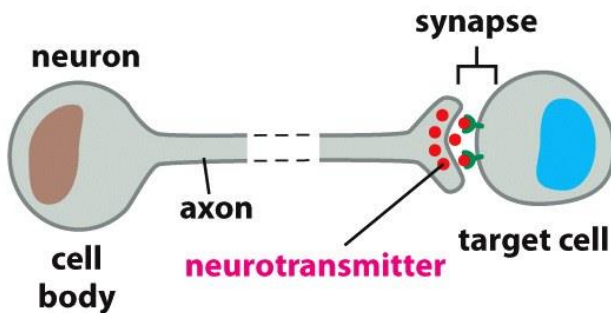
(A) **ENDOCRINE**



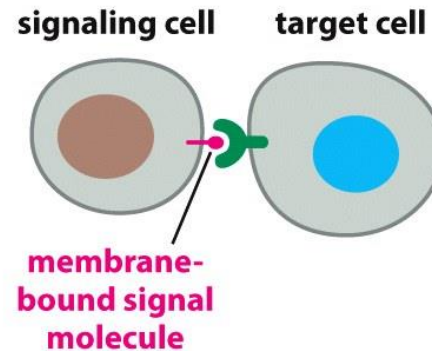
(B) **PARACRINE**



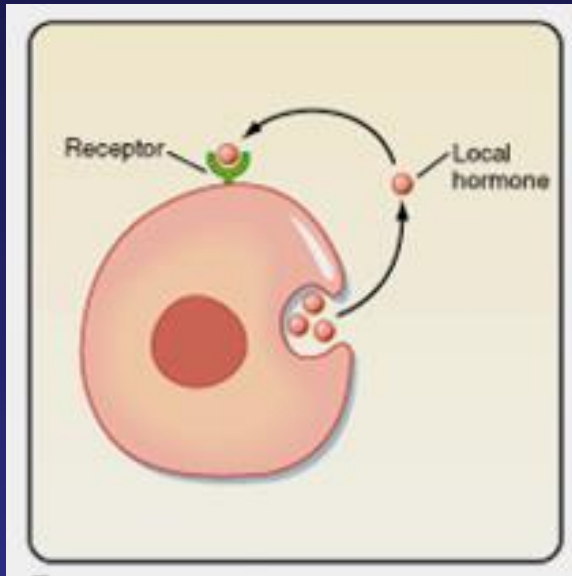
(C) **NEURONAL**



(D) **CONTACT-DEPENDENT**



# delivering the signal to its receptor

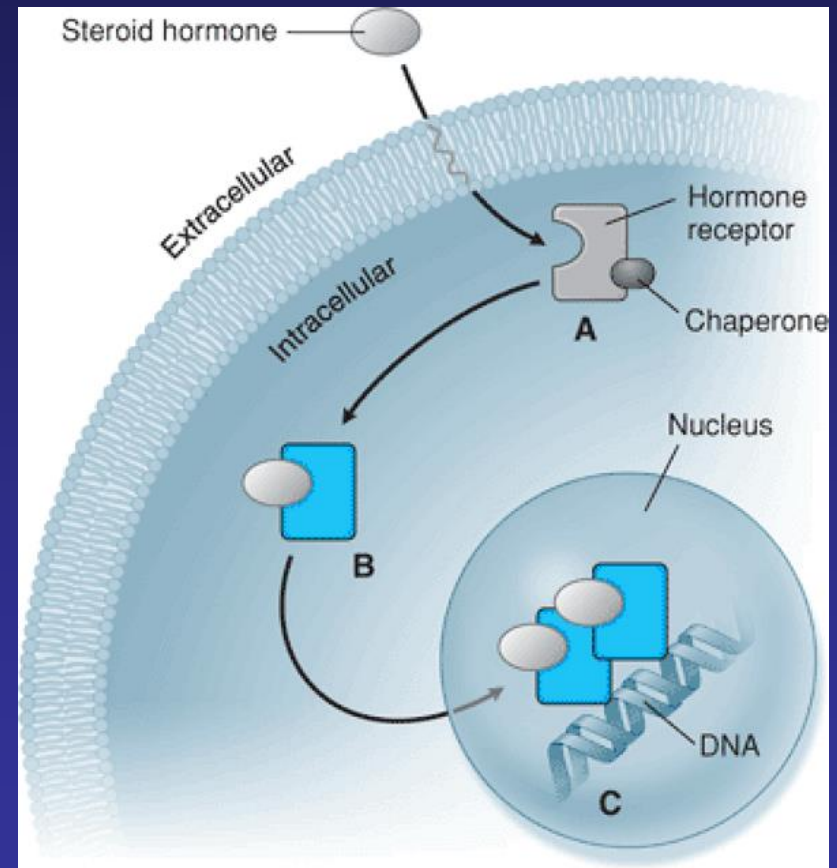


autocrine

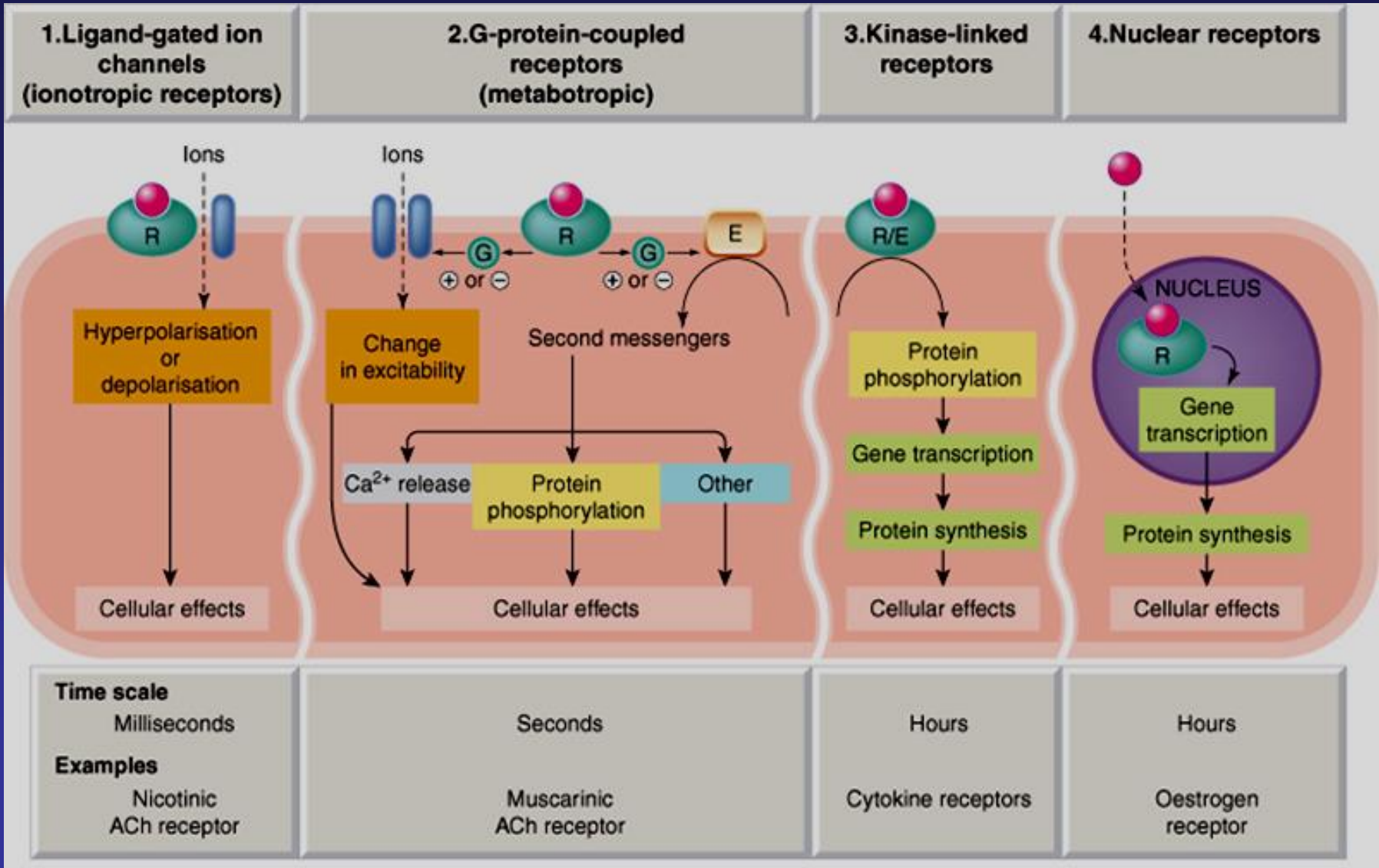
self-stimulating process

can be problematic (**cancer**)

intracrine



# major types of receptors

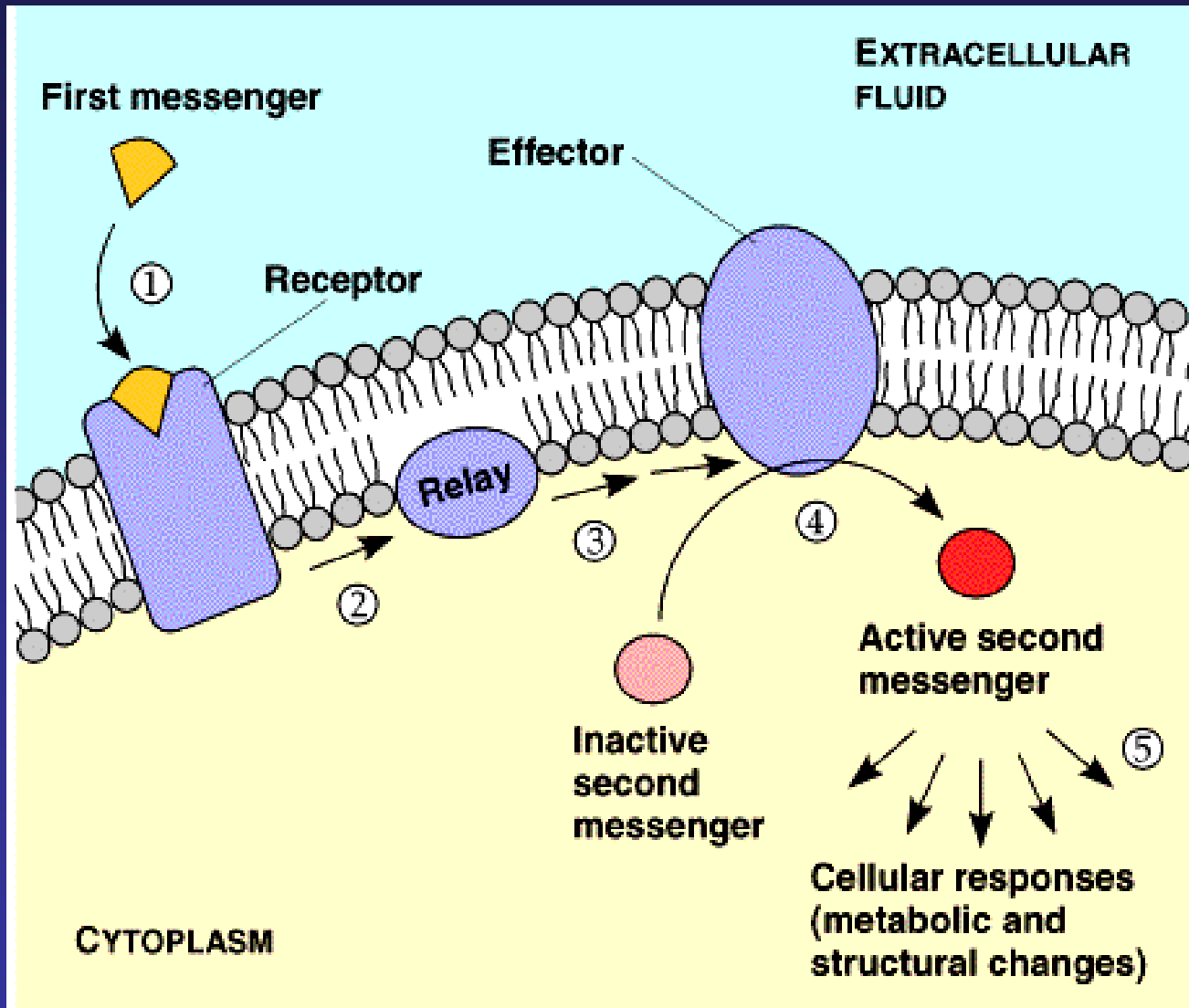


# how prompt our receptor need to be?

- VERY FAST (milliseconds)  
nerve conduction, vision  
- ion channels
- FAST (seconds)  
vision, metabolism, cardiovascular activities  
- G protein-coupled receptors
- SLOW (minutes to hours)  
cell division, proliferation, developmental processes  
- growth factor receptors  
-steroid hormone receptors

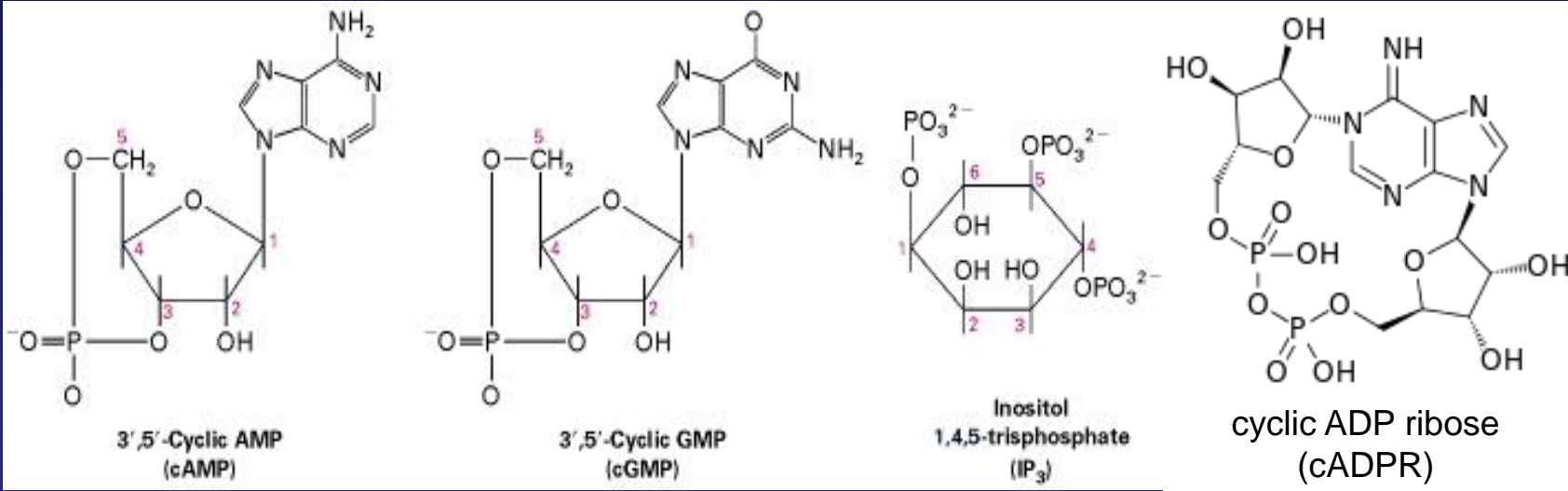


# receptor activation often produces 2<sup>nd</sup> messengers

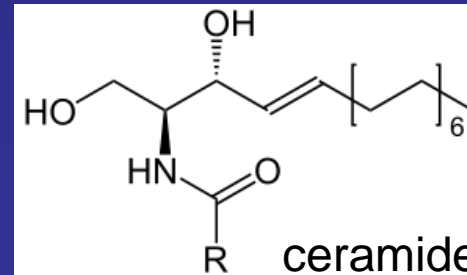
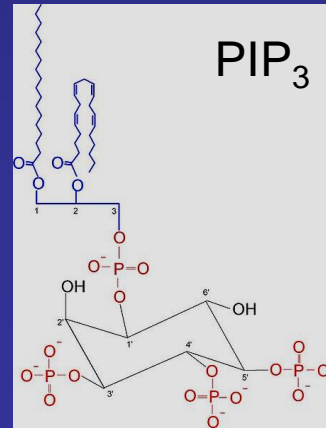
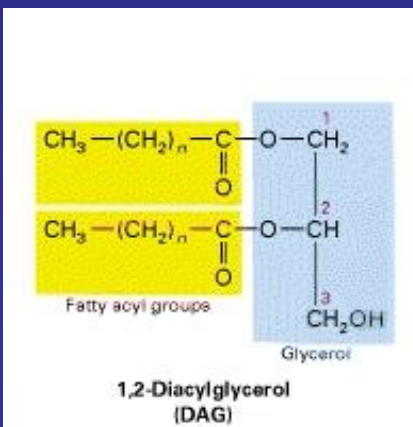


# some common 2<sup>nd</sup> messengers

- soluble second messengers

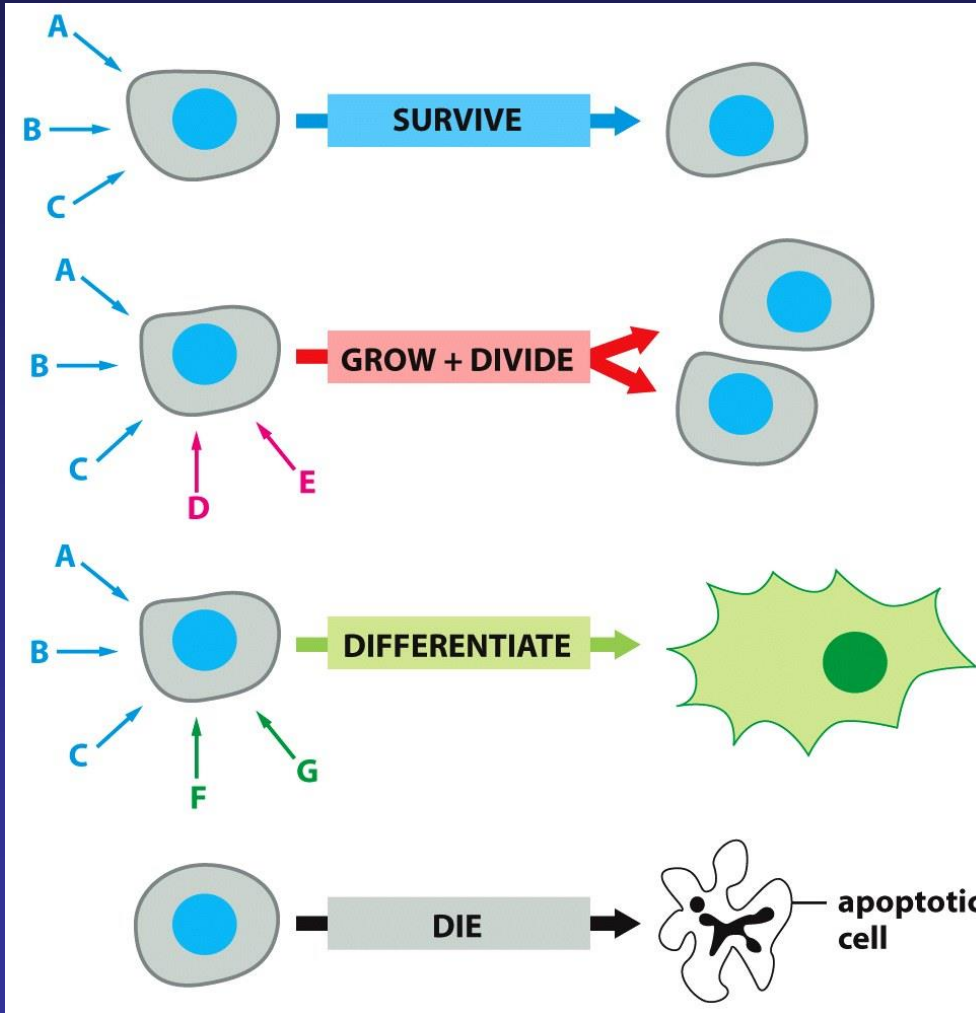


- membrane bound second messengers



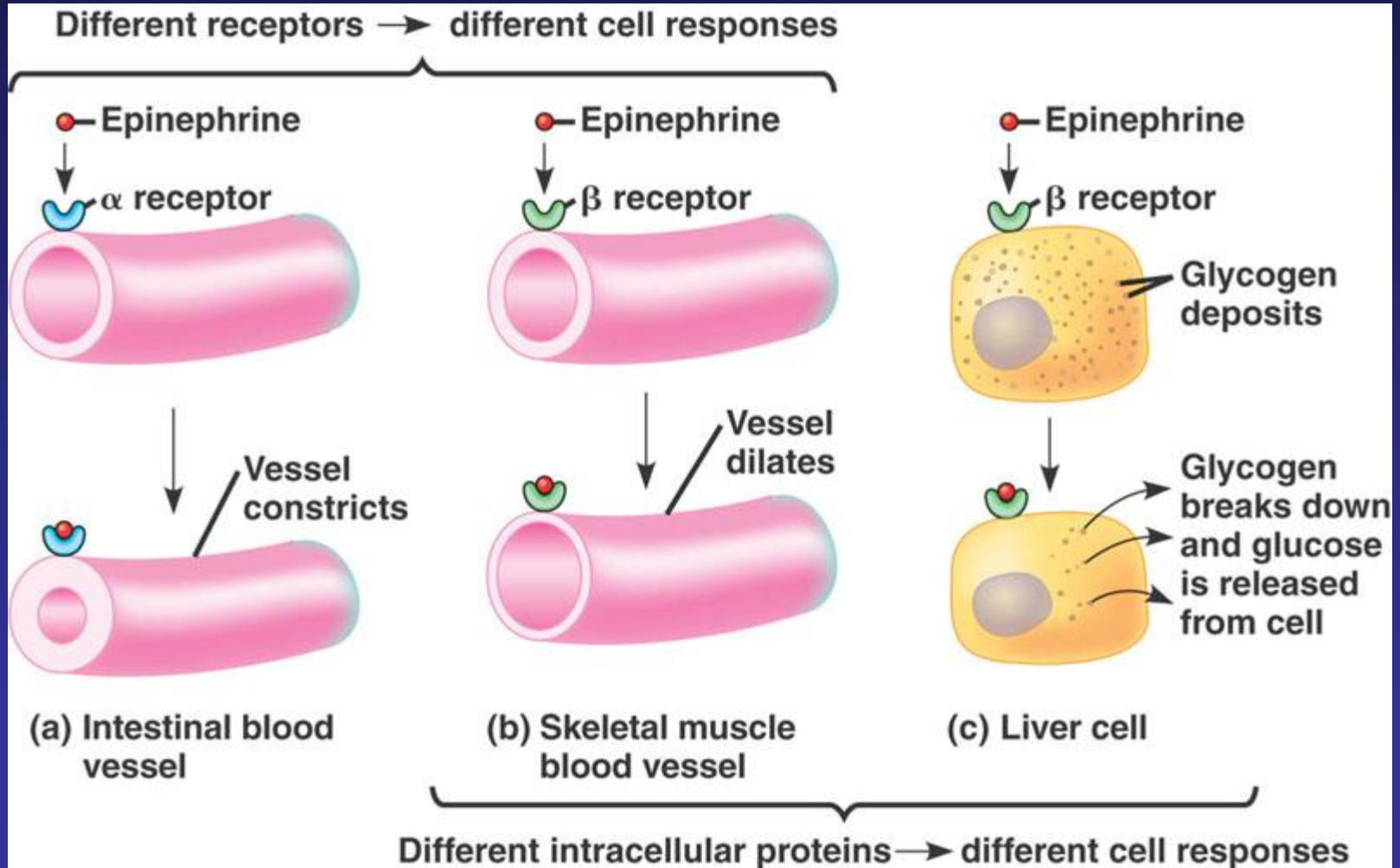
# what dictates the cellular activity

(specially when it never receives single stimulus)



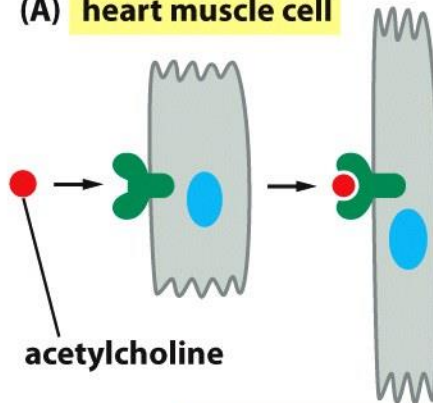
each cell expresses a cohort of **receptors** & other **signalling proteins** that eventually govern its responses to different stimuli **without confusing**

# nature of response depends on types of receptors



# nature of response depends on types of receptors

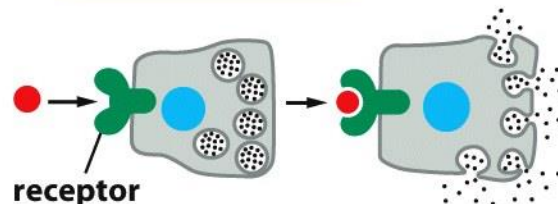
(A) heart muscle cell



acetylcholine

DECREASED RATE AND FORCE OF CONTRACTION

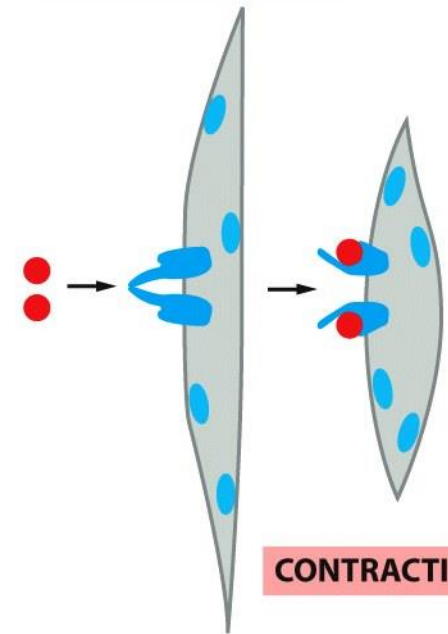
(B) salivary gland cell



receptor protein

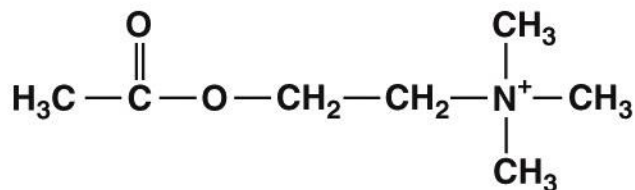
SECRETION

(C) skeletal muscle cell



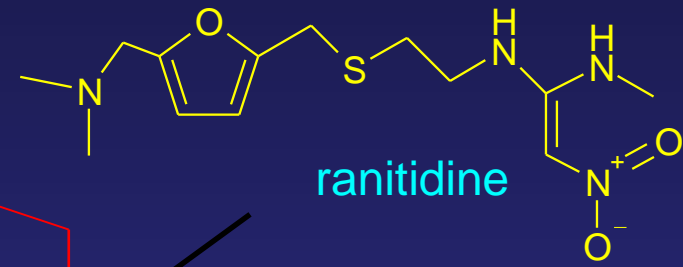
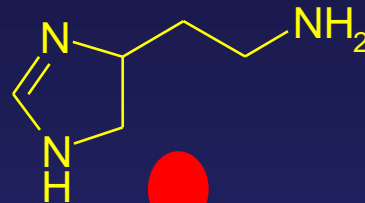
CONTRACTION

(D) acetylcholine



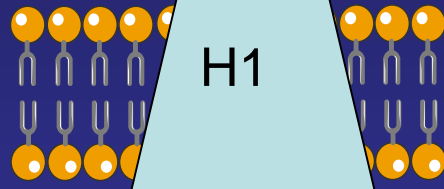
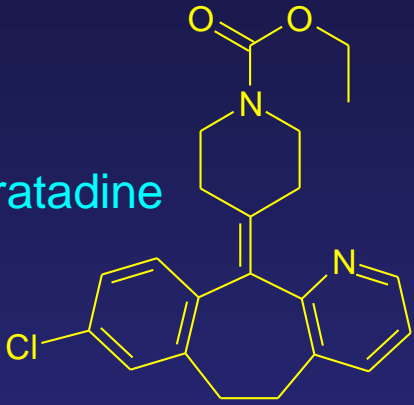
# quiz: histamine receptors

histamine



ranitidine

loratadine



H1



H2



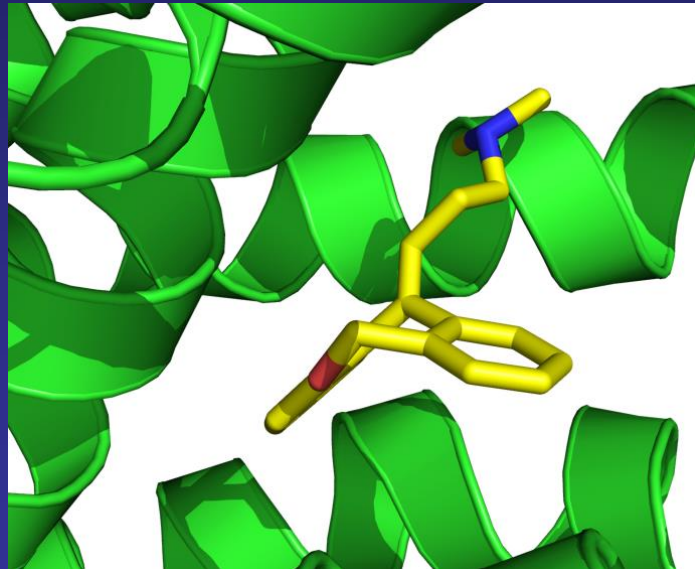
allergic reaction

gastric acid secretion



end of part I

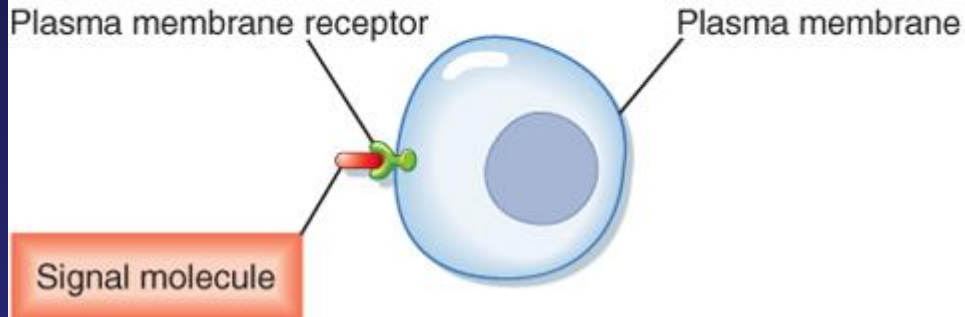
part II:  
receptor-ligand interaction





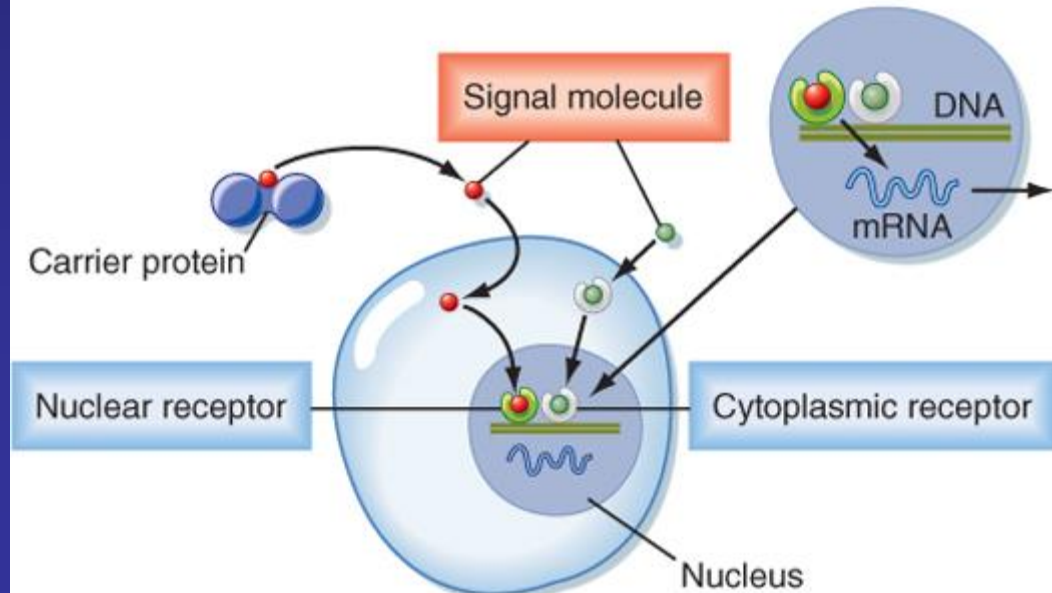
# receptor-ligand interaction

## Plasma membrane receptors



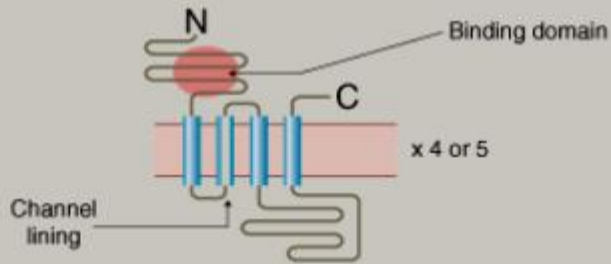
receptors are present in the plasma membrane as well as inside the cells.

## Intracellular receptors

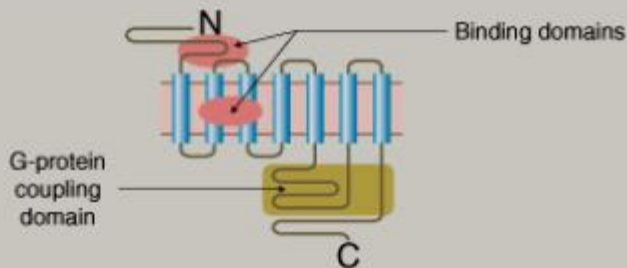


# receptor-ligand interaction

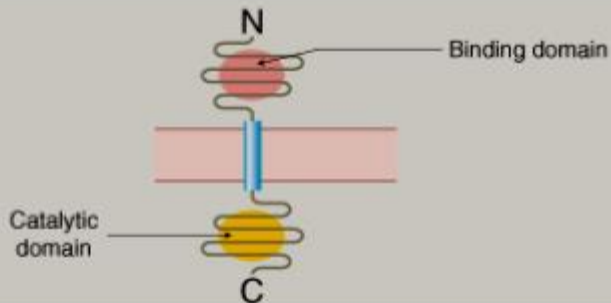
**A**  
Type 1  
Ligand-gated  
ion channels  
(ionotropic  
receptors)



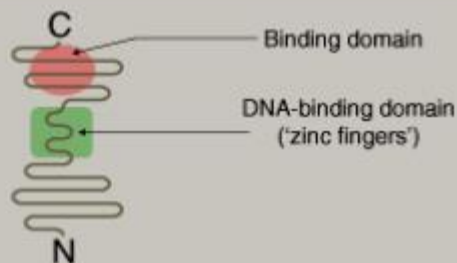
**B**  
Type 2  
G-protein-  
coupled  
receptors  
(metabotropic  
receptors)



**C**  
Type 3  
Kinase-linked  
receptors



**D**  
Type 4  
Nuclear  
receptors



- A ligand interacts with a binding site on the receptor
- ligand binding triggers a local conformational change
- conformational change is propagated via the membrane spanning helices
- conformational changes occur on the intracellular face of the receptor that initiates cellular response

# introduction of the 'receptor' concept



John N. Langley (1852-1925) Professor of Physiology, University of Cambridge

**1878 - a drug (pilocarpin, atropine) forms 'compounds' with a physiological substance**

"There is some substance.....in the nerve endings or gland cells with which atropine and pilocarpin are capable of forming compounds.....according to some law of which their relative mass and chemical affinity for the substances are factors."

**1905 - 'receptive substance'**

"...that nicotine and curare act on the 'receptive substance' of muscle cells."



Paul Ehrlich (left; Nobel Prize 1908) with Emil von Behring (right; Nobel Prize 1901)

**1878 - ...specific chemical characteristics of a cell responsible for specific binding...**

In 1897, Ehrlich developed the 'side-chain theory' for the binding of toxins to cells: certain side-chains of the cell could bind certain toxins (specificity and stereoselectivity).

**1907 - 'chemoreceptors' for drugs**

CORPORA NON AGUNT NISI FIXATA

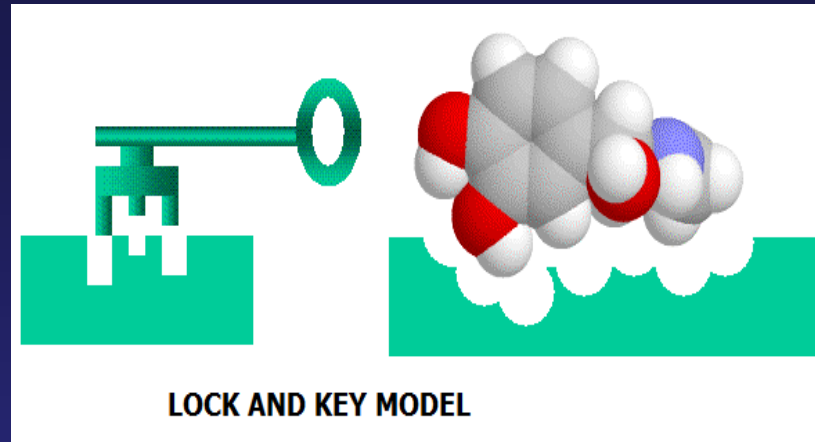
An early 'model' of a receptor-ligand complex by Paul Ehrlich



# recognition of the ligand at its receptor site



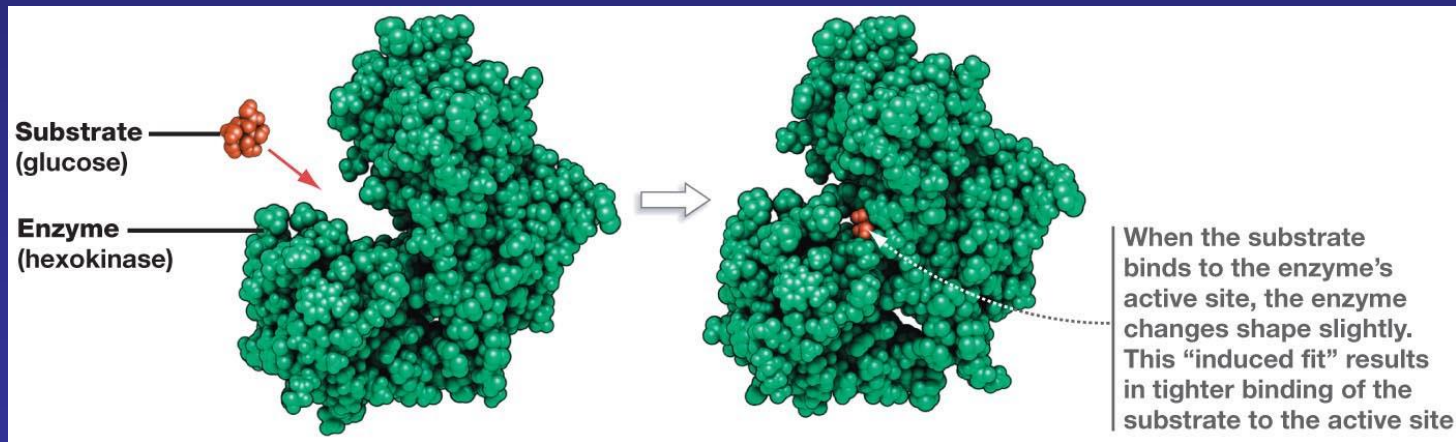
Lock and key theory  
(Fischer, 1890)



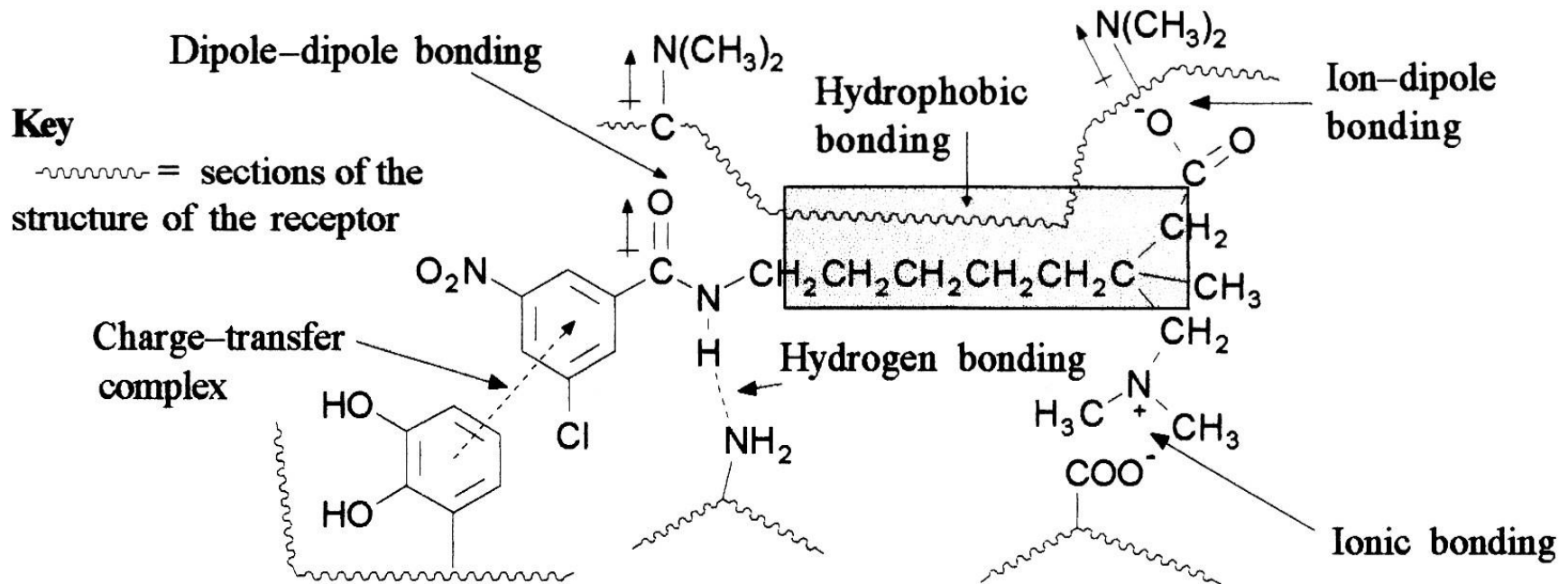
*“To use a picture, I would like to say that enzyme and glucoside have to fit to each other like a lock and key in order to exert a chemical effect on each other.”*



induced fit theory  
(Koshland 1958)



# recognition of the ligand at its receptor site



various types of forces are typically involved

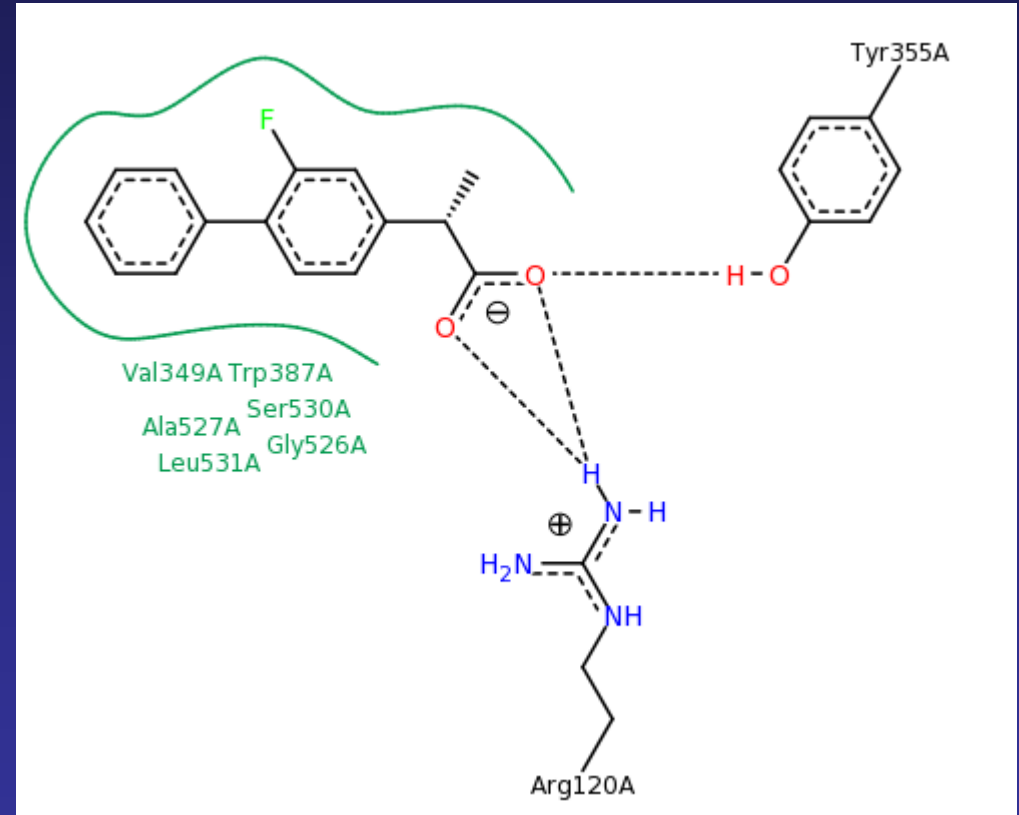
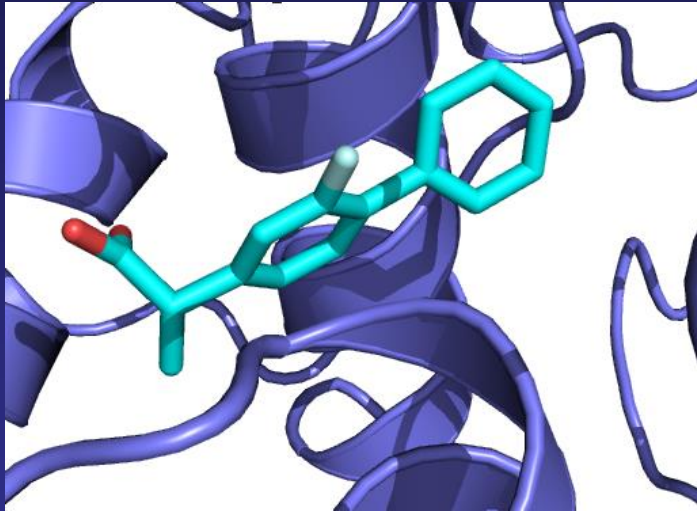
# molecular recognition of the ligand

'together we bind'



multiple but individually **weak** forces make sure that a functionally viable but **reversible** ligand-receptor complex is formed.

# recognition of the ligand at its receptor site



An enzyme (COX-2) bound to a painkiller (Flurbiprofen)

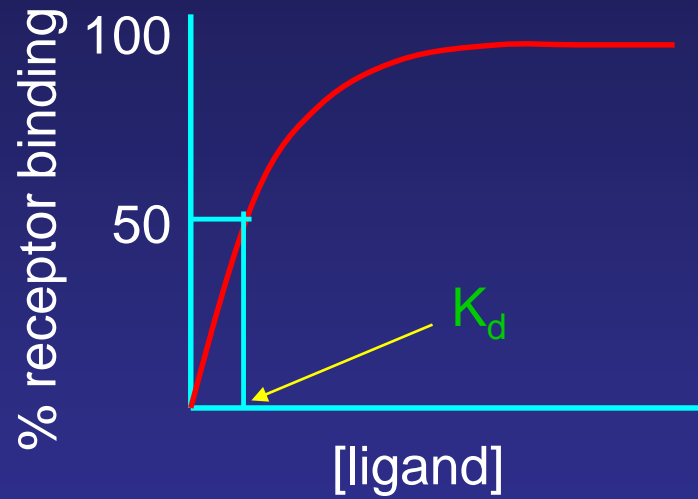
# techniques to measure ligand-receptor interaction

**Ligand binding** assays address the first step of ligand-receptor interaction – the physicochemical properties and kinetics of ligand-receptor complex formation

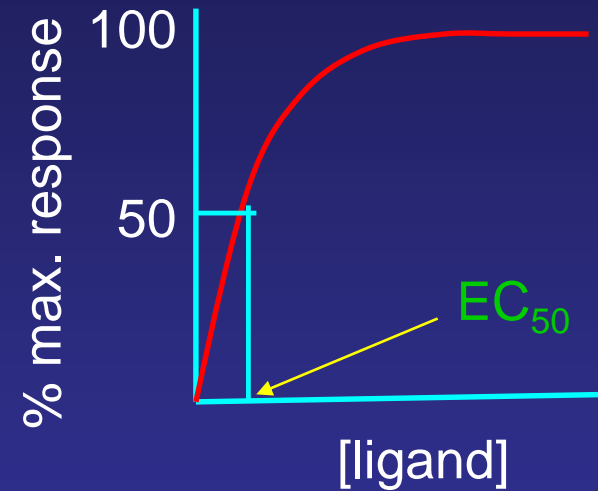
**Functional** assays measure the actual biological response (electrical or biochemical or physical) evoked by the ligand via its receptor



# quantification of ligand-receptor interaction



$K_d$  → affinity



$EC_{50}$  → potency

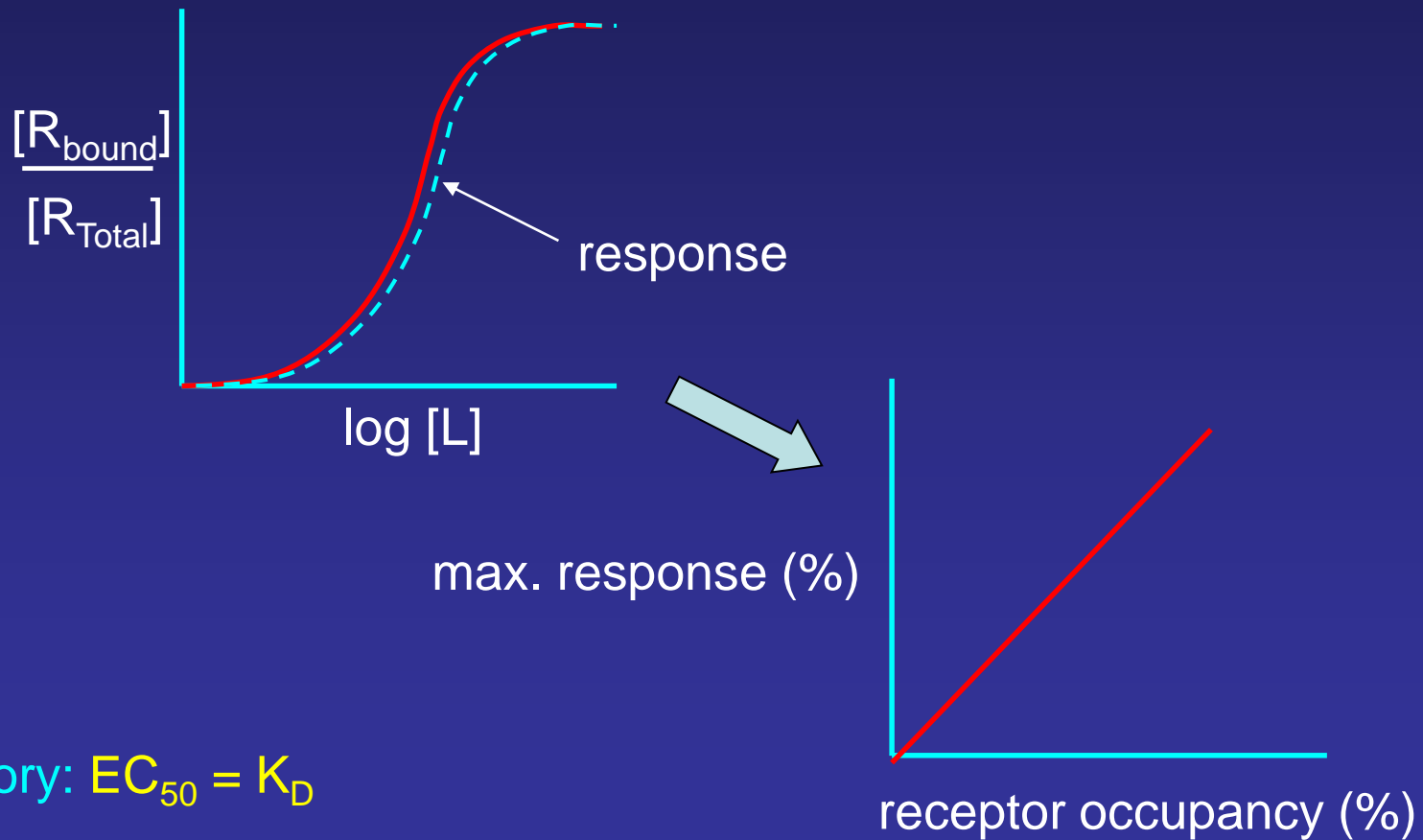
quiz: why do the curves plateau?

# quantification of ligand-receptor interaction



A. J. Clark  
(1937)

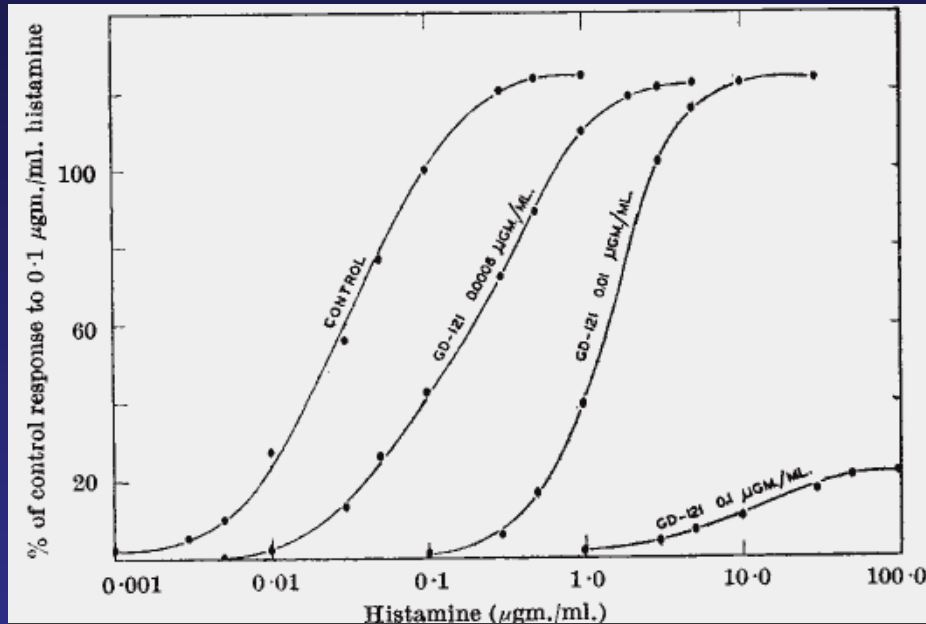
biological response  $\propto$  receptor occupancy



Occupancy theory:  $EC_{50} = K_D$

# quantification of ligand-receptor interaction

## modification of the occupancy theory

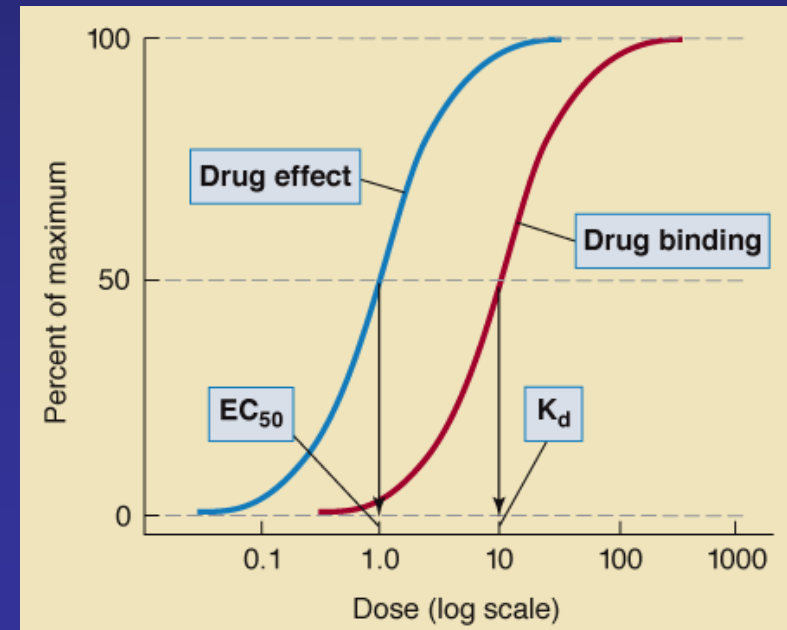


Nickerson (1956); *Nature*

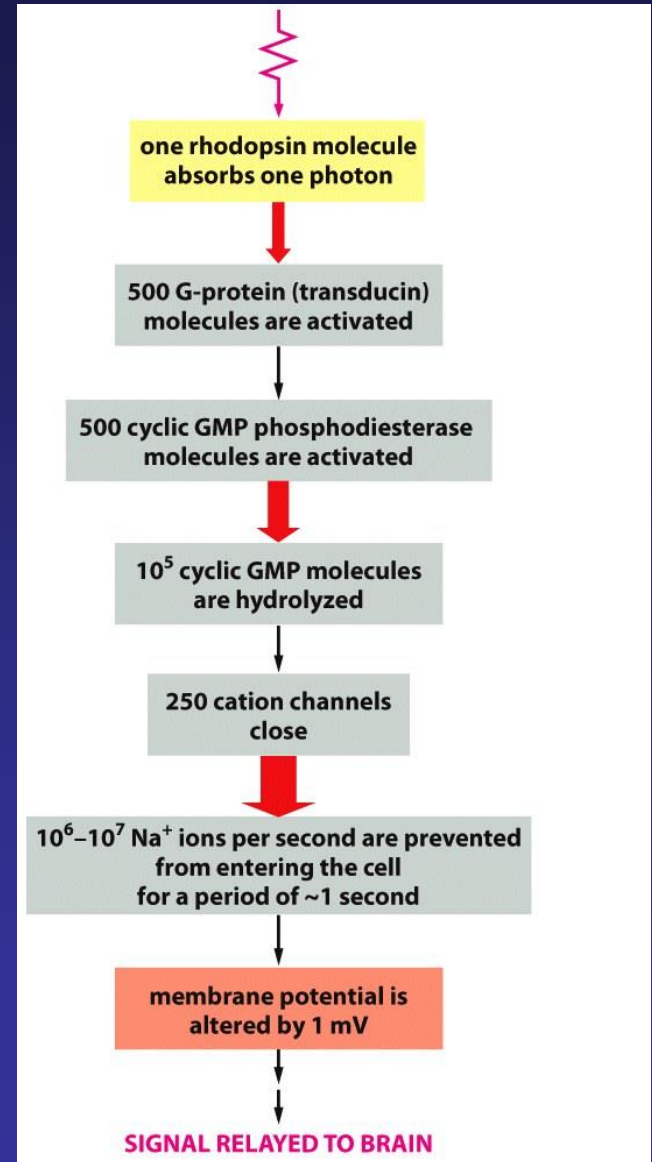
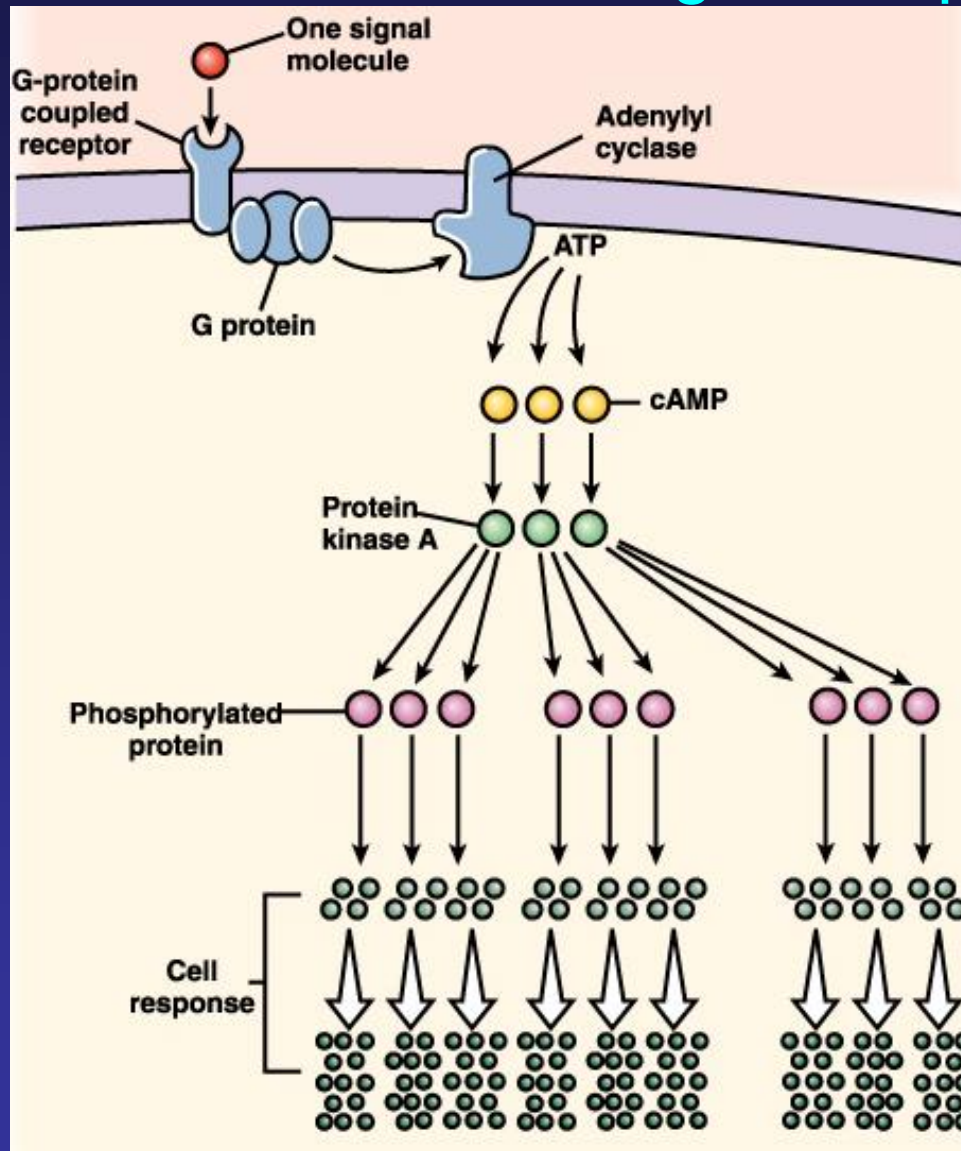
tissues tend to have 'spare receptors'

$EC_{50}$  values are typically  $\ll K_d$

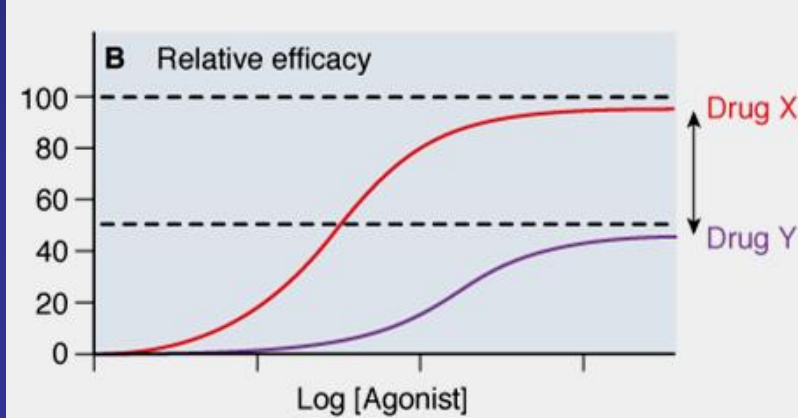
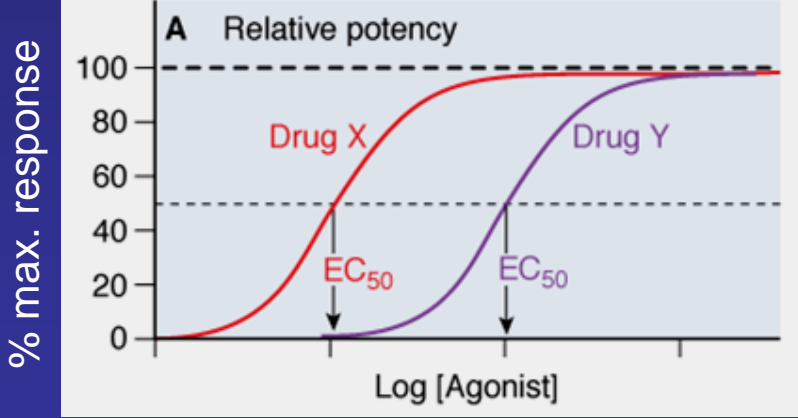
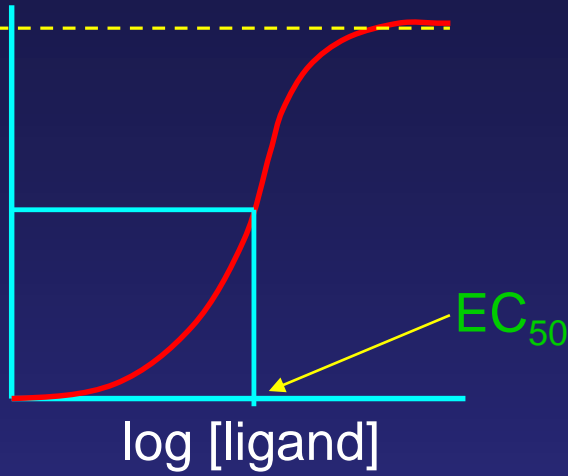
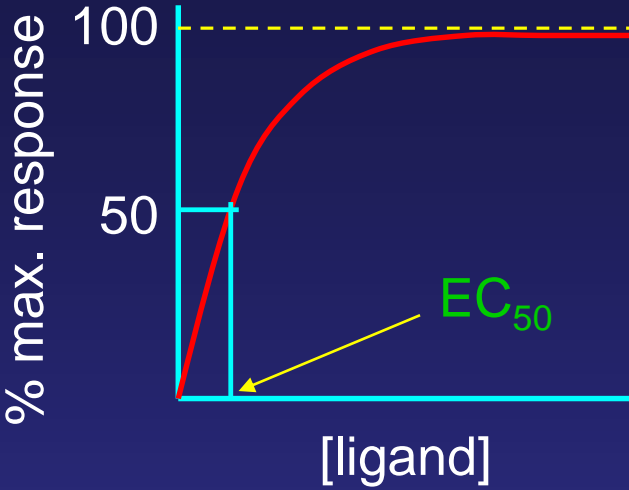
occupancy 1% of histamine receptors was adequate to produce maximum effect



# what allows $EC_{50} \ll K_d$ : signal amplification



# ligand conc. – biologic response relationship



# quantification of ligand-receptor interaction

## modification of the occupancy theory

occupancy theory:  $EC_{50} = K_D$

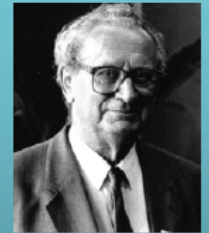
$$\text{occupancy} = \frac{[\text{bound receptors}]}{[\text{total receptors}]} = \text{magnitude of response}$$

But some ligands fail to produce maximum response even at very high concentrations

Ariens (1954) & Stephenson (1956)

magnitude of response =  $\epsilon_A$  . fractional occupancy

↑  
*efficacy* or *intrinsic activity*

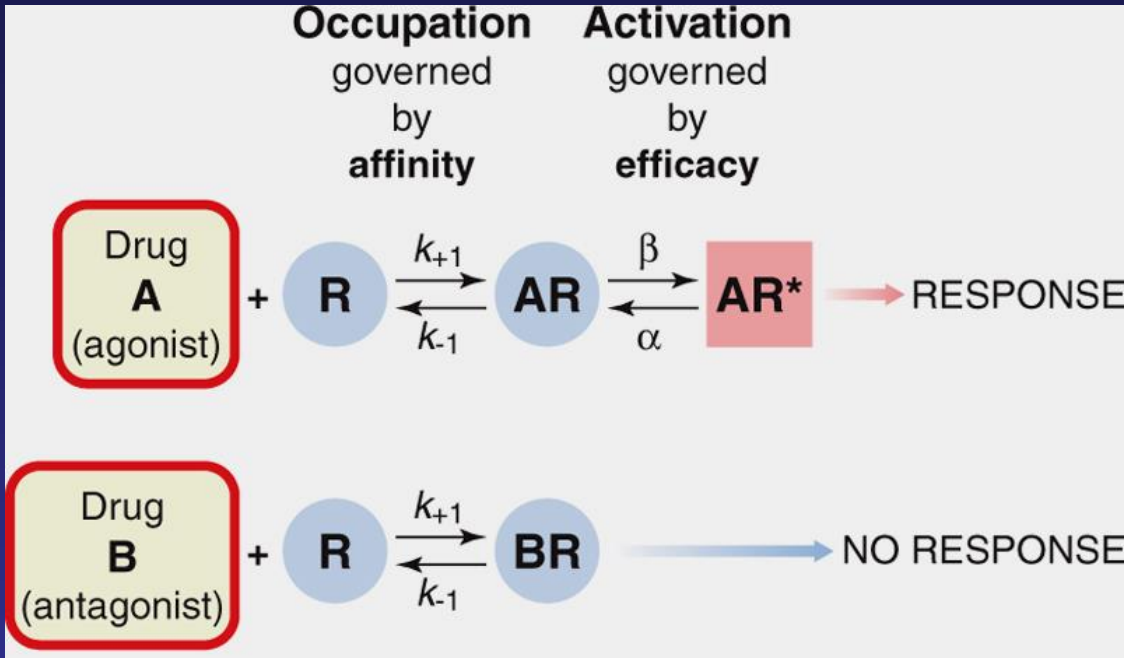


Everhardus J. Ariens (1908-2002)  
Professor of Pharmacology  
University of Nijmegen

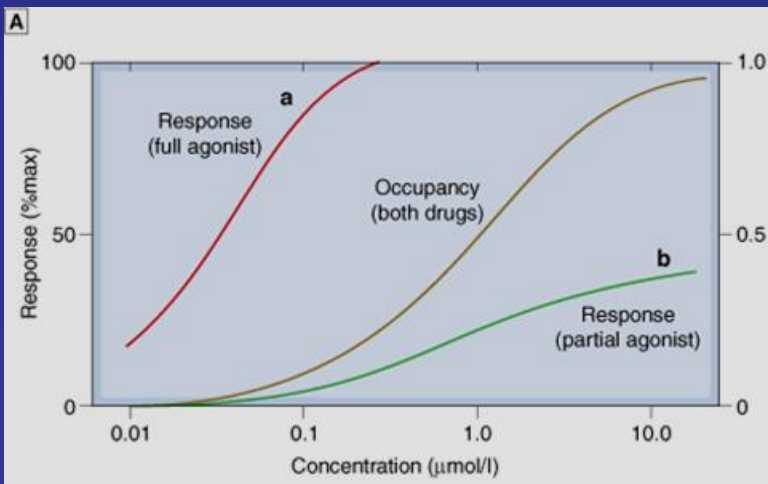


R.P. Stephenson (1925-2004)  
Professor of Pharmacology  
University of Edinburgh

# ligand-receptor interaction: affinity vs efficacy



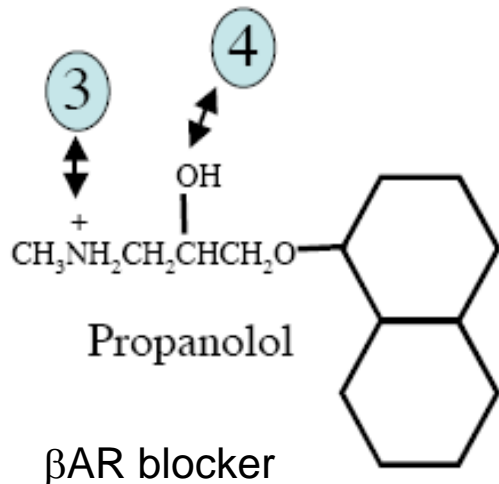
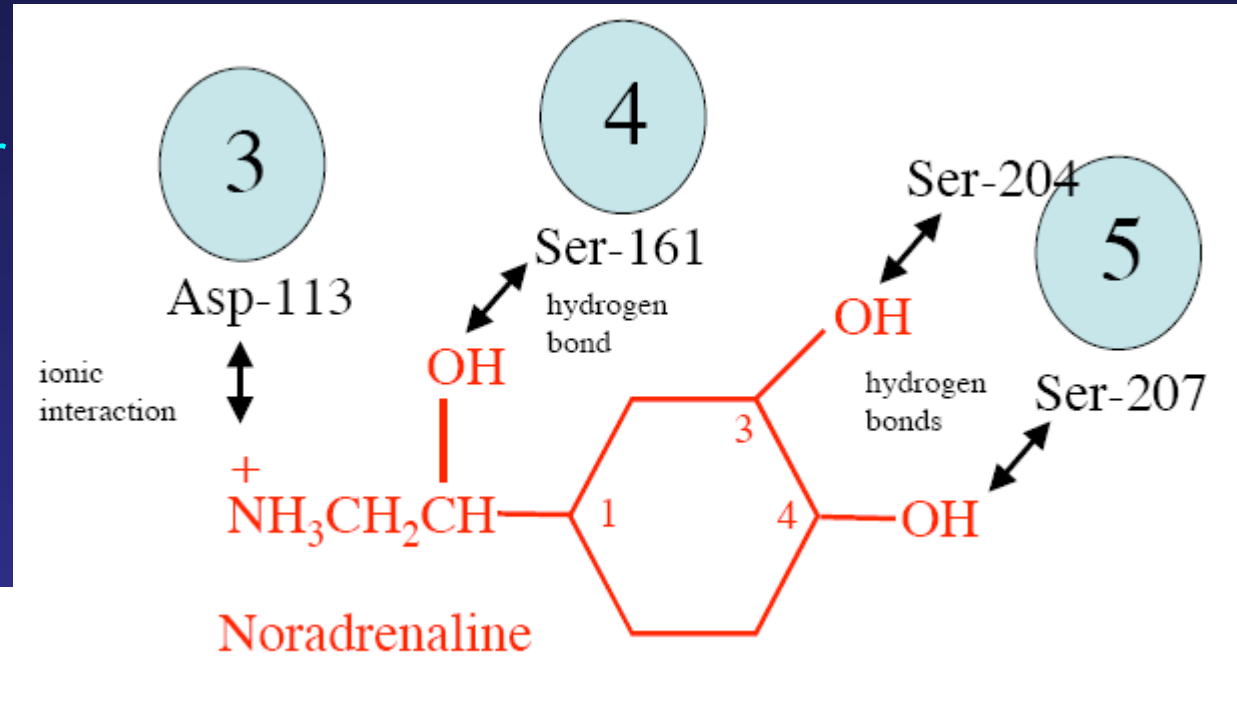
- **affinity**: ability to bind
- **efficacy**: ability to activate



- **antagonists** have same (or higher) affinity but no efficacy
- **partial agonists** have lower efficacy

# what underlie the differences between affinity and efficacy

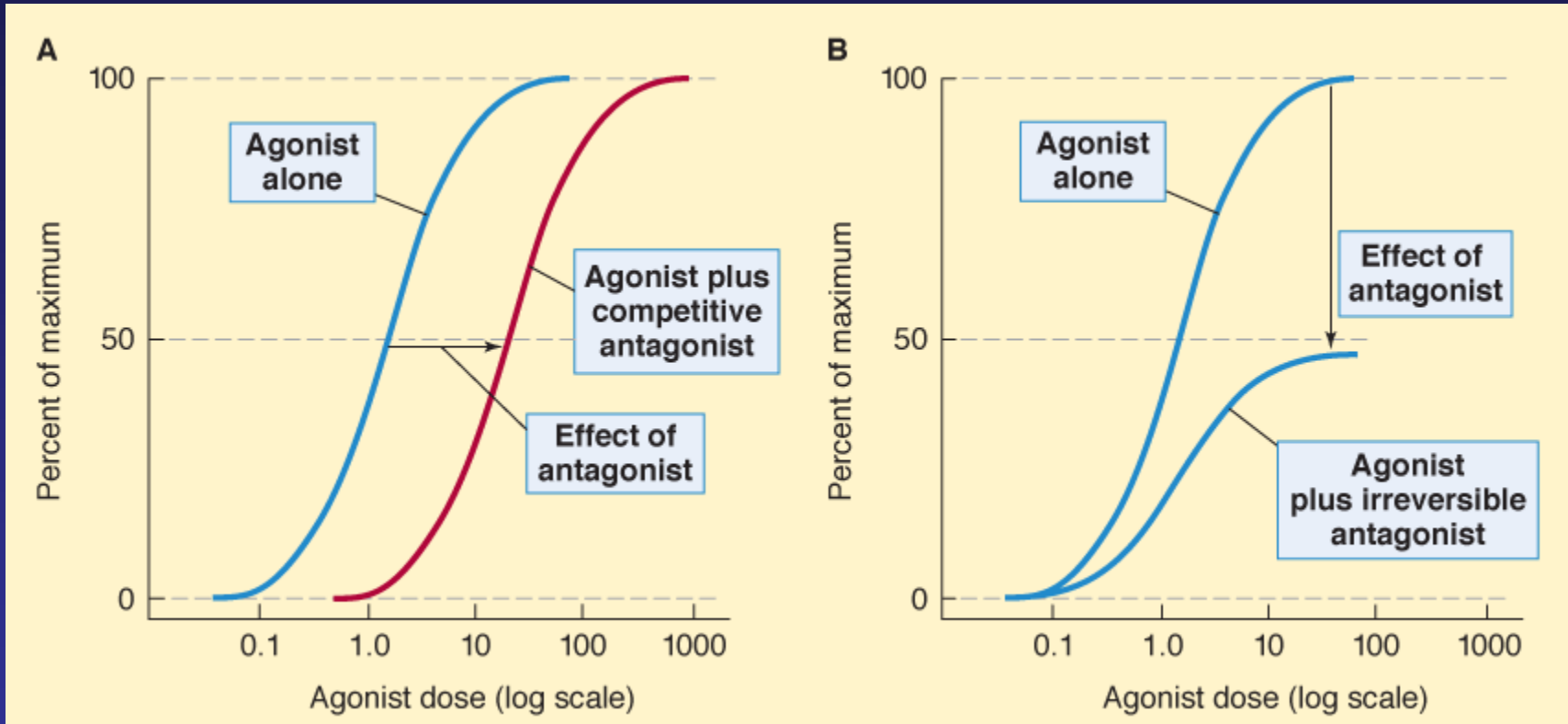
$\beta$ -adrenergic receptor ( $\beta$ -AR)



certain contacts can be crucial for activity

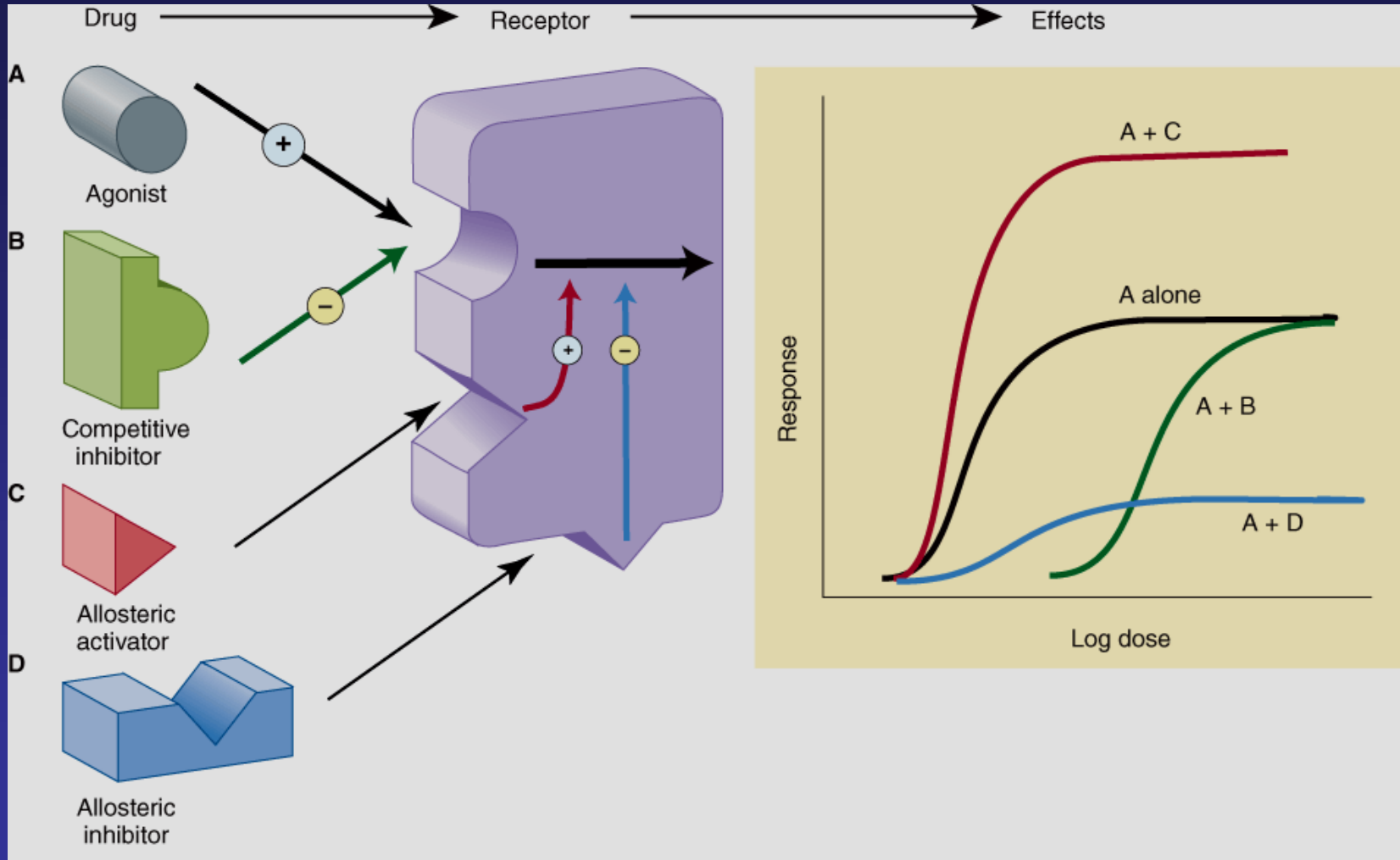


# various forms of receptor antagonism



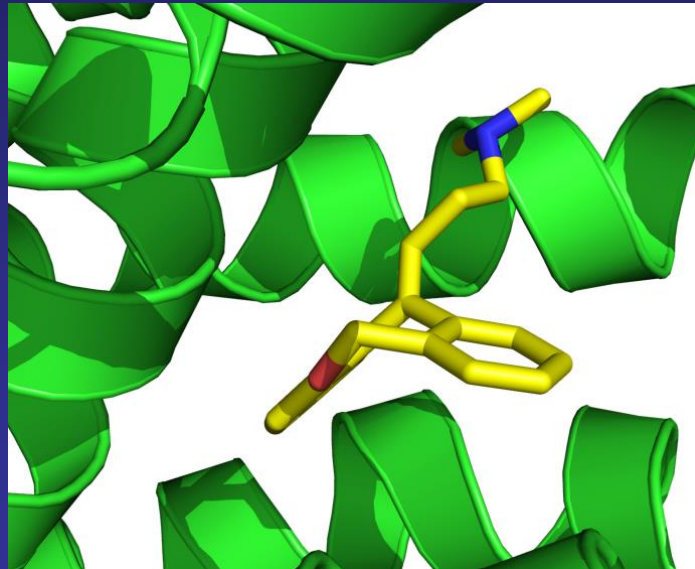
receptor can be reversibly or irreversibly inhibited

# various forms of receptor modulation

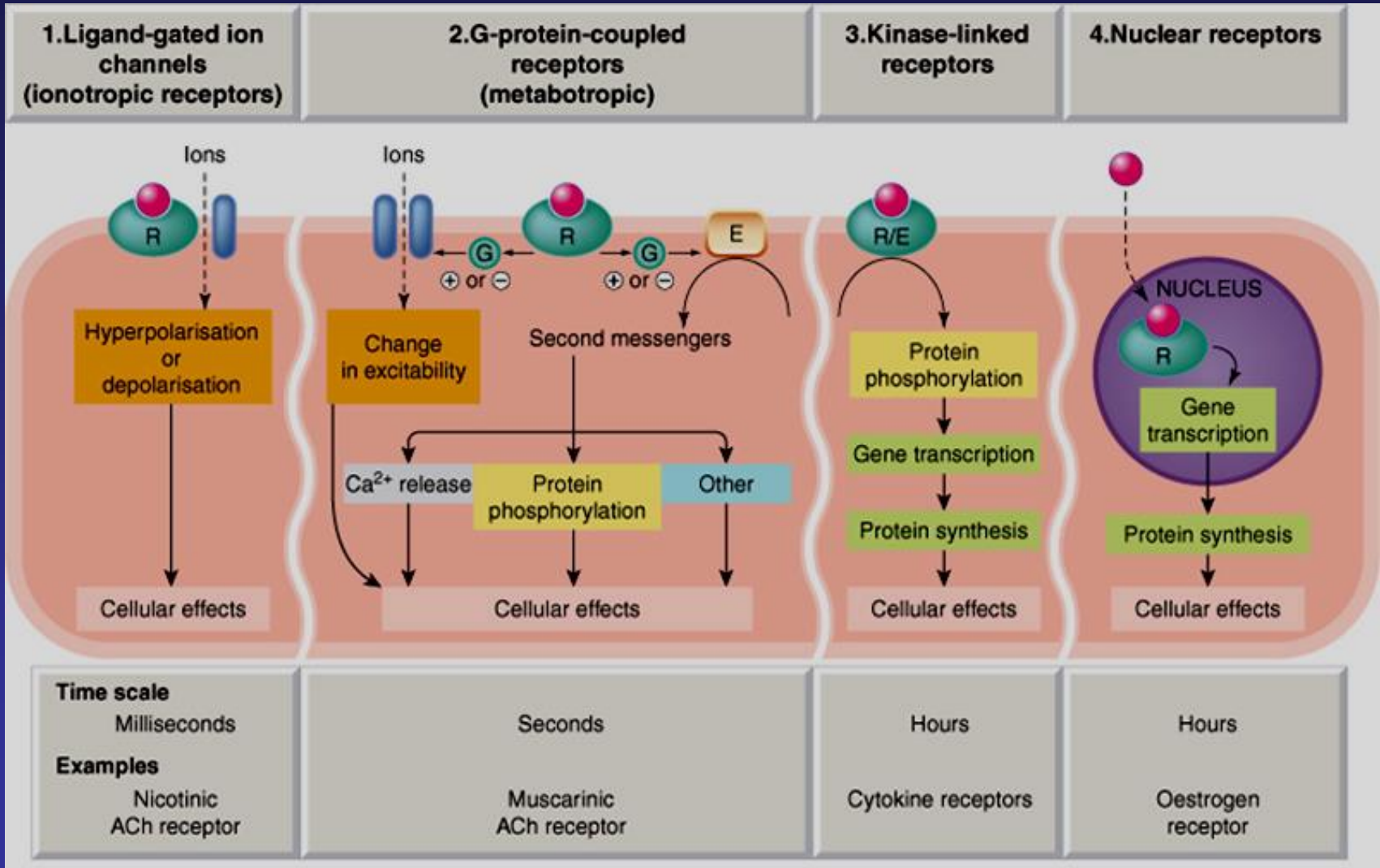


end of part II

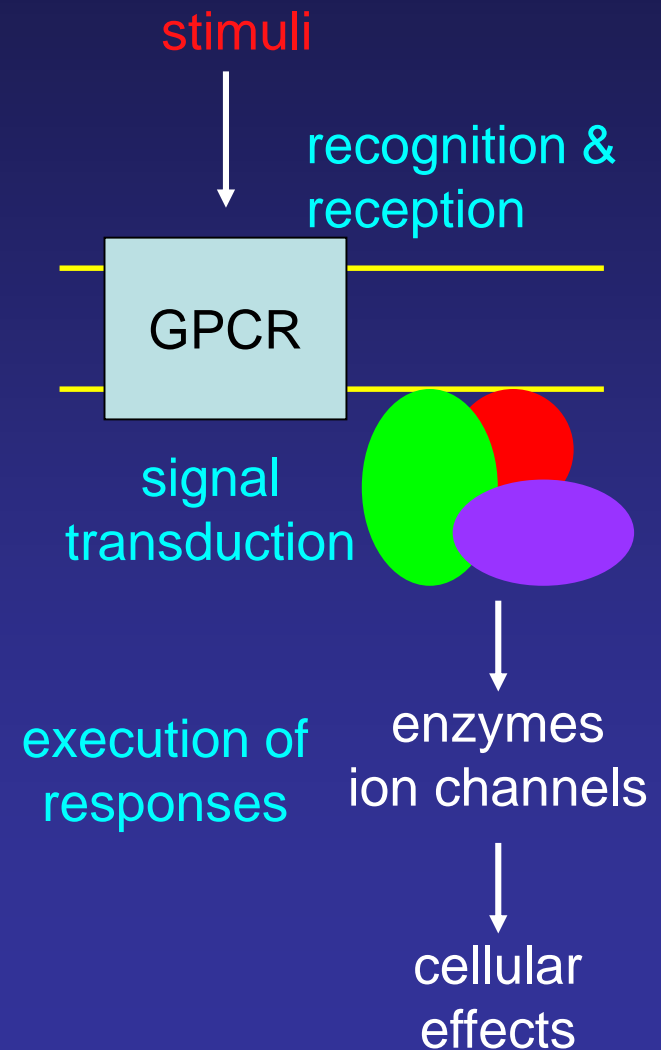
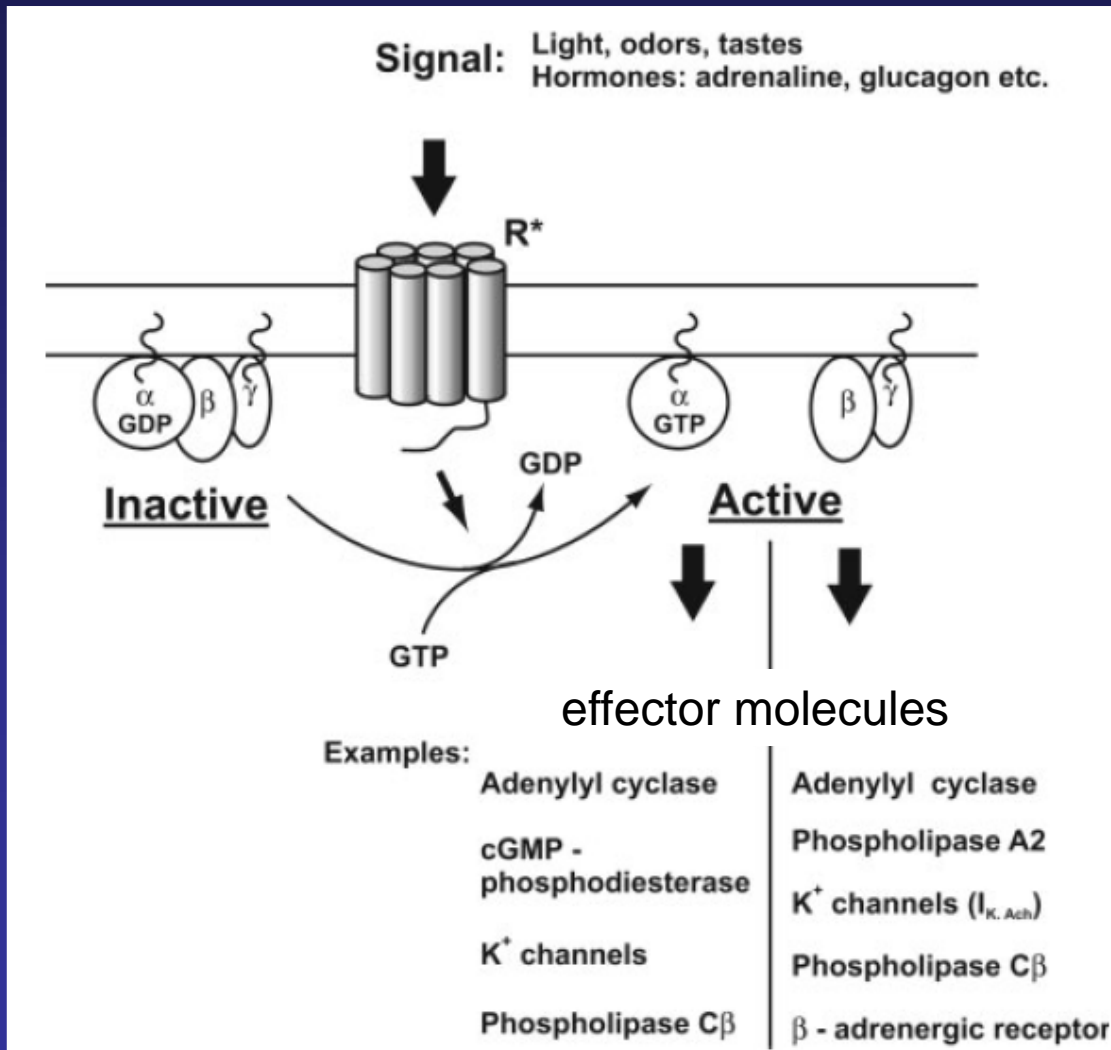
Part III:  
common receptor classes  
terminating active receptors



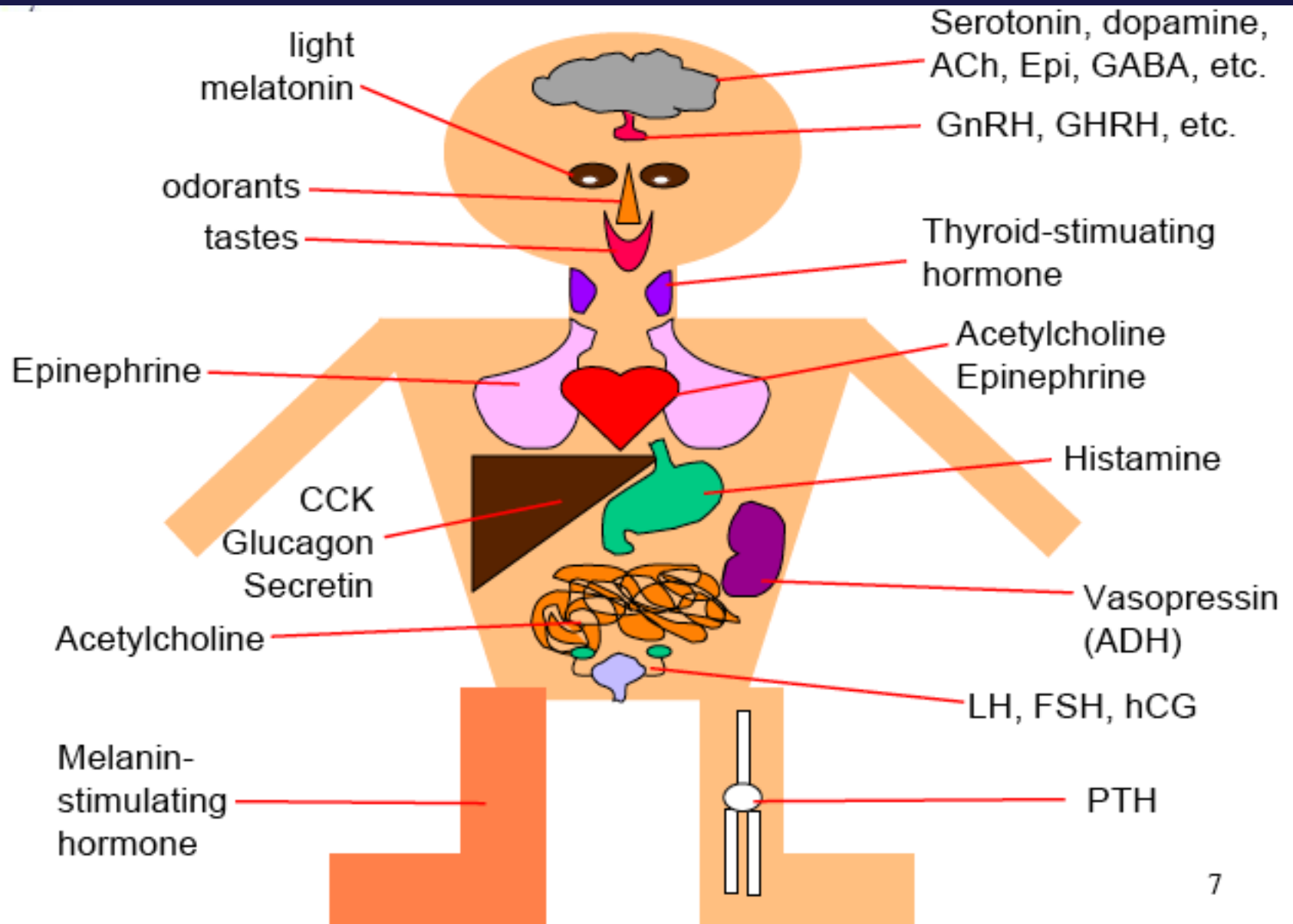
# major types of receptors



# heterotrimeric G proteins act as transducers for GPCRs



# diversity of GPCRs



# GPCR signalling shapes organism response



'fight or flight' response

sympathetic nervous system

Adrenalin/noradrenalin mediated  
via  $\alpha$ -AR and  $\beta$ -AR

'rest & digest' response'

parasympathetic nervous system

acetylcholine mediated

via muscarinic and nicotinic AChR





# some GPCRs signal by regulating the production of cyclic AMP

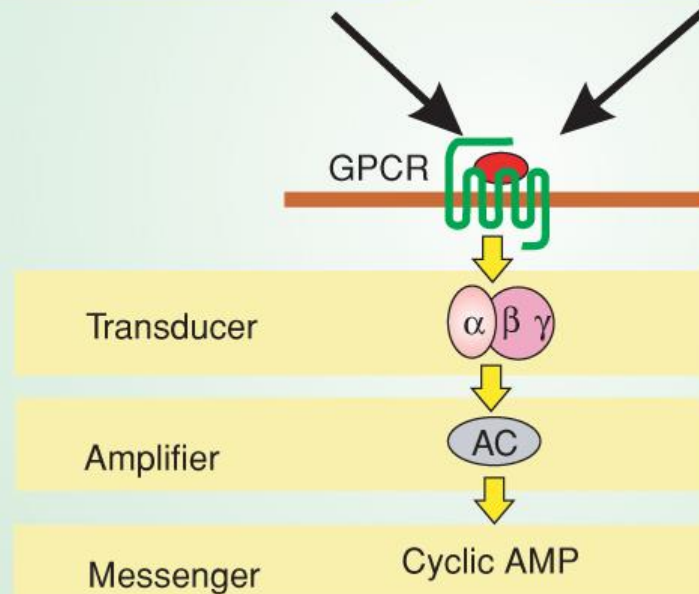
## NEUROTRANSMITTERS

Acetylcholine (Muscarinic)  
Amylin  
Adrenomedullin (ADM)  
Calcitonin gene-related peptide (CGRP)  
Corticotropin-releasing factor (CRF)  
Dopamine  
Noradrenaline  
 $\Delta$ -Tetrahydrocannabinol  
 $\gamma$ -Aminobutyric acid (GABA)  
Galanin

Glutamate  
5-Hydroxytryptamine (5-HT)  
Melanocyte stimulating hormone ( $\alpha$ -MSH;  $\gamma$ -MSH)  
Neuropeptide Y  
Opioids (Met-enk; Leu-enk; dynorphins;  $\beta$ -endorphin)  
Somatostatin  
Pituitary adenyl cyclase activating peptide (PCAP)  
Vasoactive intestinal peptide (VIP)

## HORMONES

Adenine nucleotides (ATP, ADP)  
Adenosine  
Adrenaline  
Adrenocorticotrophic hormone (ACTH)  
Angiotensin  
Chemokines  
Glucagon  
Glucagon-like peptide 1 (GLP-1)  
Histamine  
Lysophosphatidic acid (LPA)  
Sphingosine 1-phosphate (S-1-P)  
Melatonin  
Prostaglandins  
Uridine triphosphate (UTP)  
Vasopressin



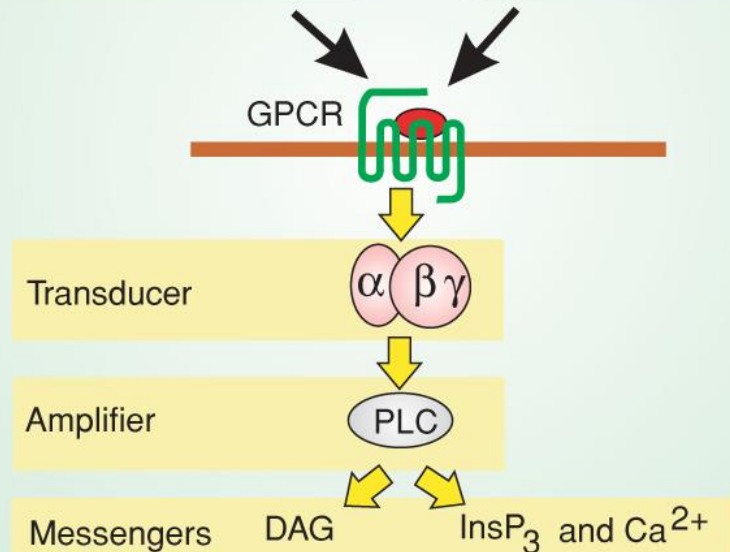
# some GPCRs activate the inositol phospholipid signalling pathway

## NEUROTRANSMITTERS

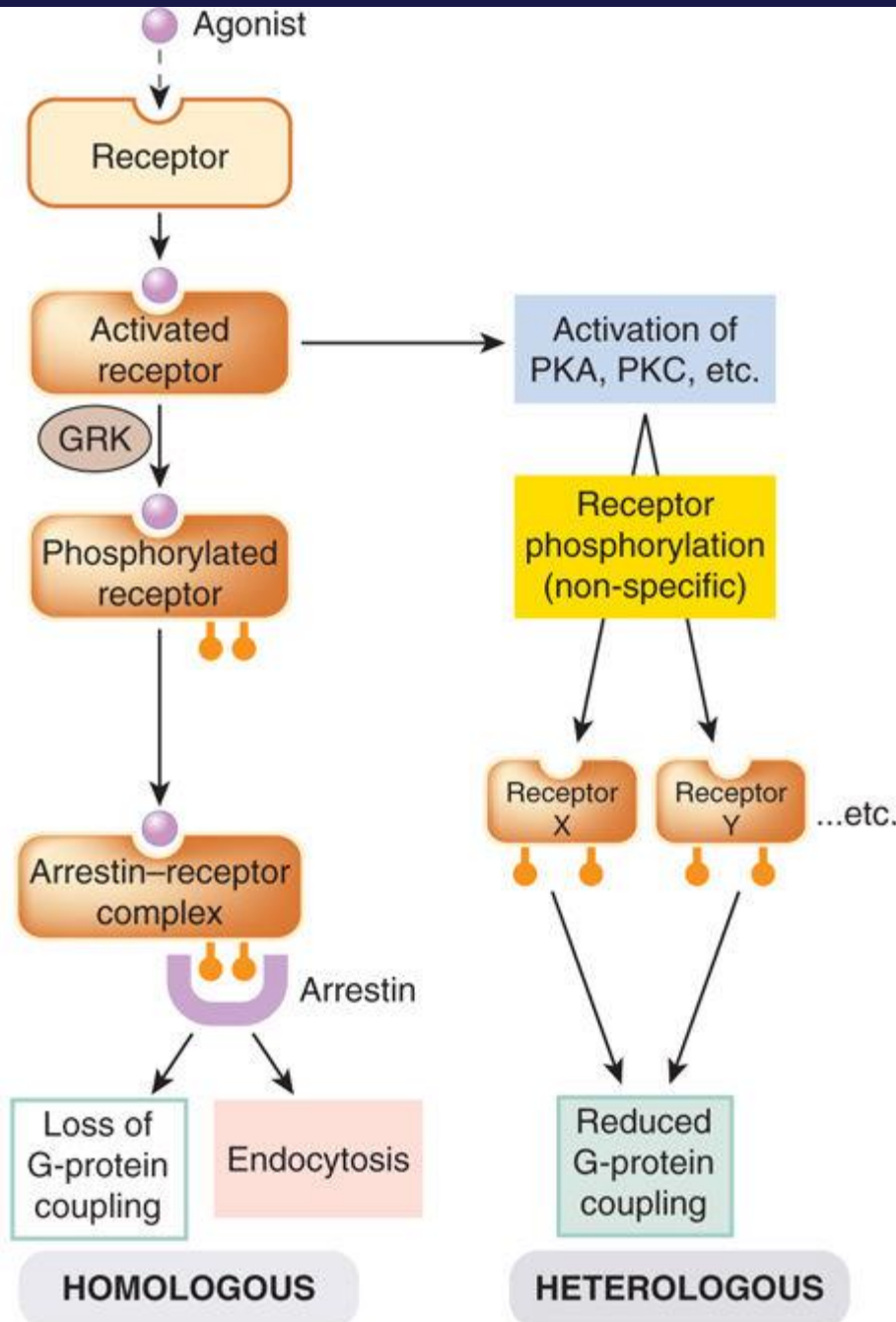
Acetylcholine (Muscarinic)	Neurokinin A
Dopamine	Neurokinin B
Noradrenaline	Neuromedin B (NMB)
Galanin	Neuromedin C (NMC)
Glutamate	Orexins (A and B)
5-Hydroxytryptamine (5-HT)	Pituitary adenylyl cyclase activating peptide (PCAP)
Gastrin-releasing peptide (GRP)	Substance P

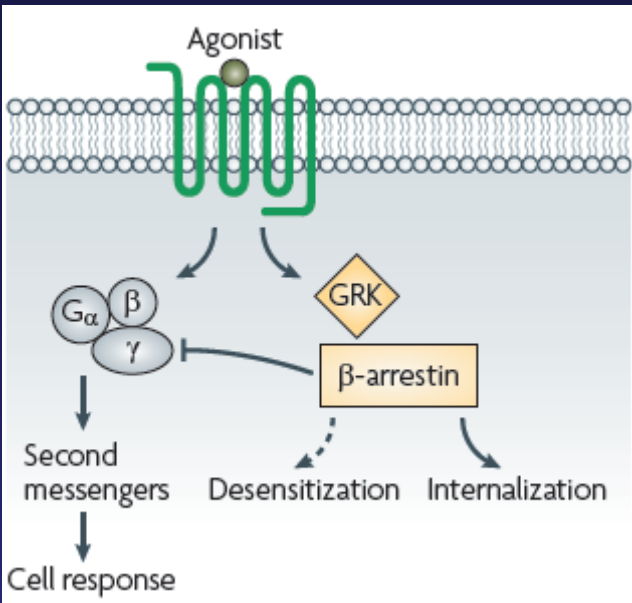
## HORMONES

Adenine nucleotides (ATP, ADP)	Melatonin
Angiotensin	Neurotensin
Bradykinin	Oxytocin
Chemokines	Platelet-activating factor (PAF)
Cholecystokinin (CCK)	Prostaglandins
Endothelins (ET-1;ET-2; ET-3)	Sphingosine 1-phosphate (S-1-P)
Histamine	Thromboxanes
Leukotrienes	Uridine triphosphate (UTP)
Lysophosphatidic acid (LPA)	Vasopressin



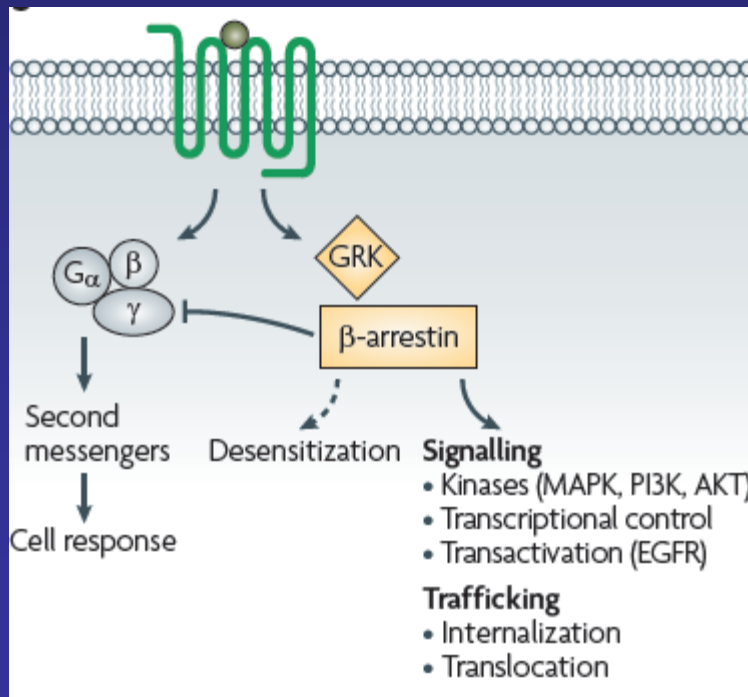
# termination of GPCR signaling (routes for desensitization)





## classical model of GPCR signalling

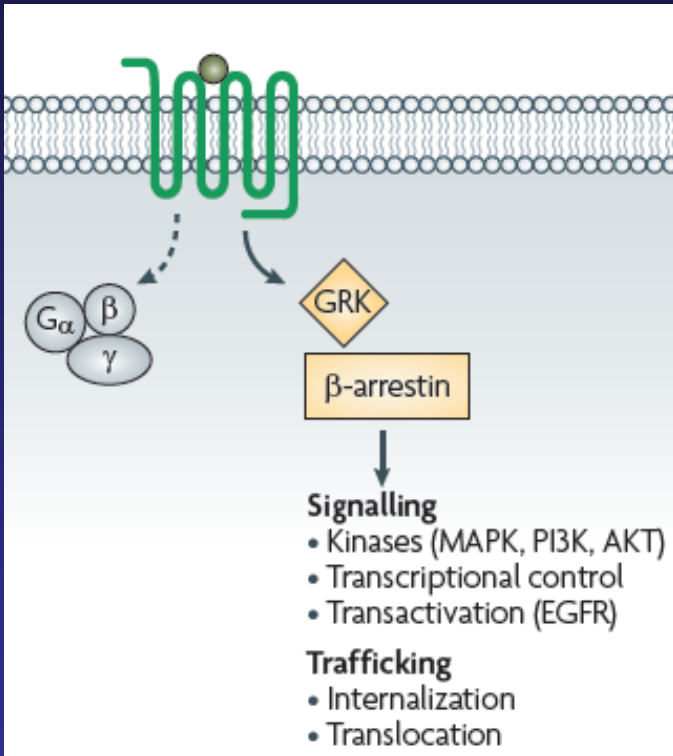
- signalling is mediated by  $G_{\alpha}$  and  $\beta\gamma$  only
- $\beta$ -Arrestin is only involved for receptor desensitization and internalisation



## current view of GPCR signalling

- signalling is mediated by  $G_{\alpha}$  and  $\beta\gamma$  as well as by  $\beta$ -Arrestin
- $\beta$ -Arrestin also mediates receptor desensitization and internalisation

# biased agonism or stimulus trafficking



## original notion

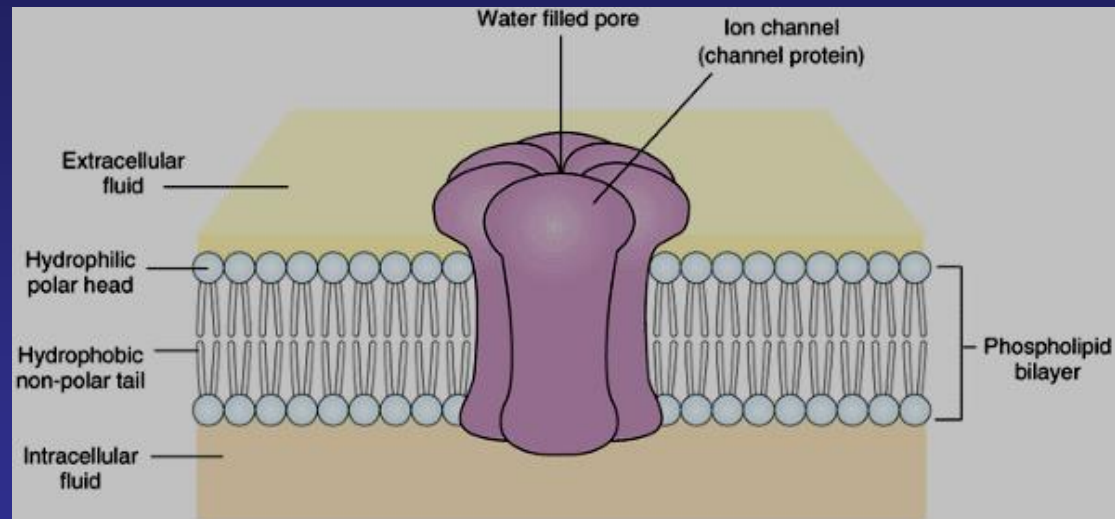
Ligands that bind GPCR have unbiased preference towards G protein and  $\beta$ -arrestin mediated downstream signalling pathways i.e. they signal equally through both

## current view

Ligands that bind GPCR may selectively promote either G protein or  $\beta$ -arrestin mediated downstream signalling pathways

# ion channels – receptors with holes

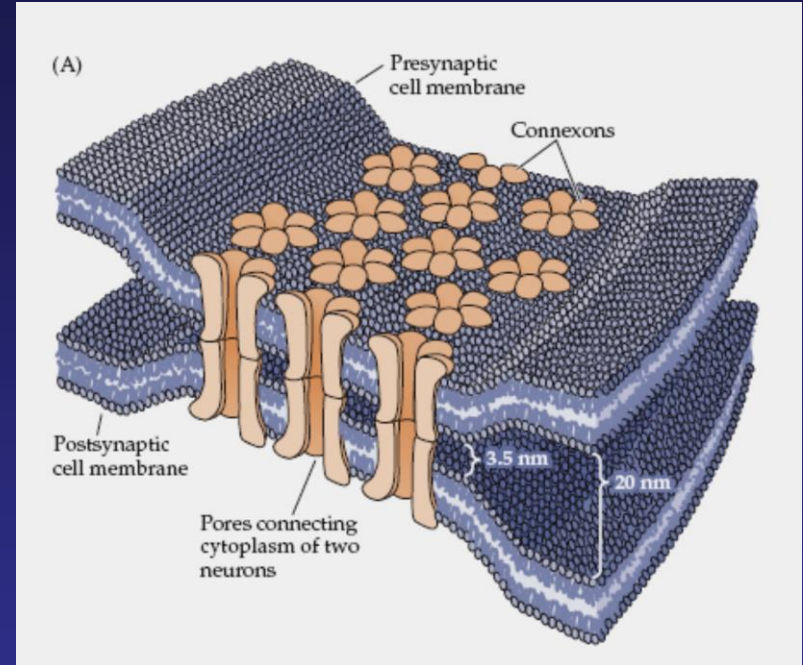
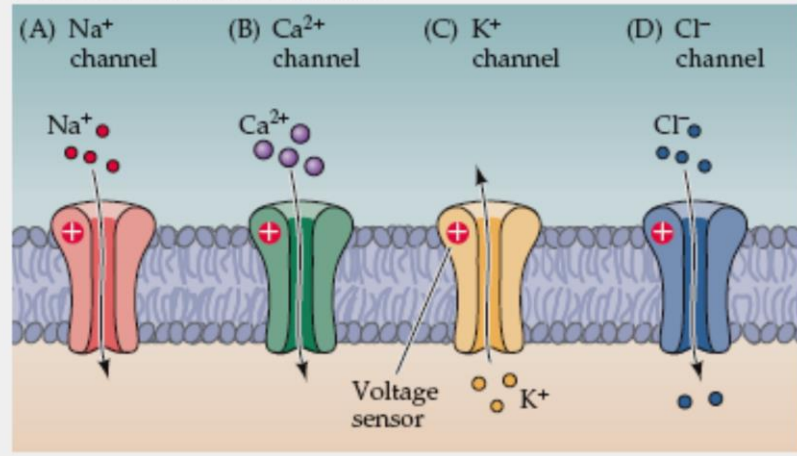
- integral membrane proteins
- contain ion conductive pores
- allow influx or efflux of ions across biological membranes



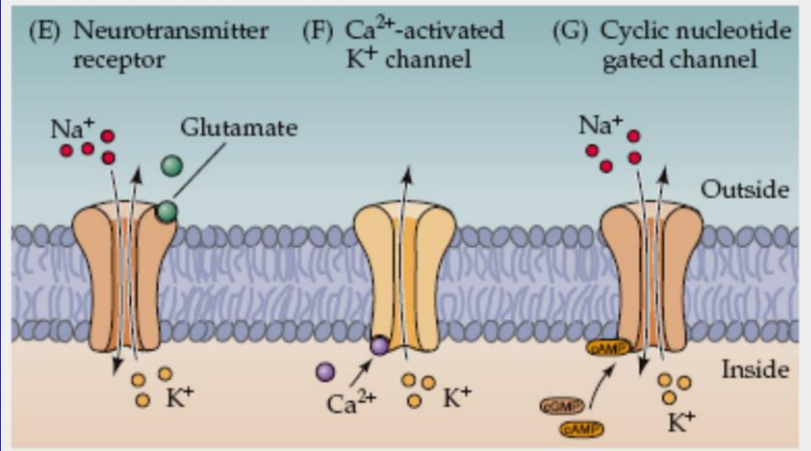
- can be activated
  - by changes in membrane potential
  - binding of particular ligands
  - changes in pH, temperature, cell volume
  - changes in intracellular  $\text{Ca}^{2+}$  concentration
  - mechanical deformation or stress

# major types of ion channels

## VOLTAGE-GATED CHANNELS



## LIGAND-GATED CHANNELS



- voltage-gated
- ligand-gated
- gap junctions
- others e.g. mechanosensitive

# receptors with enzyme activity

## growth factor receptors

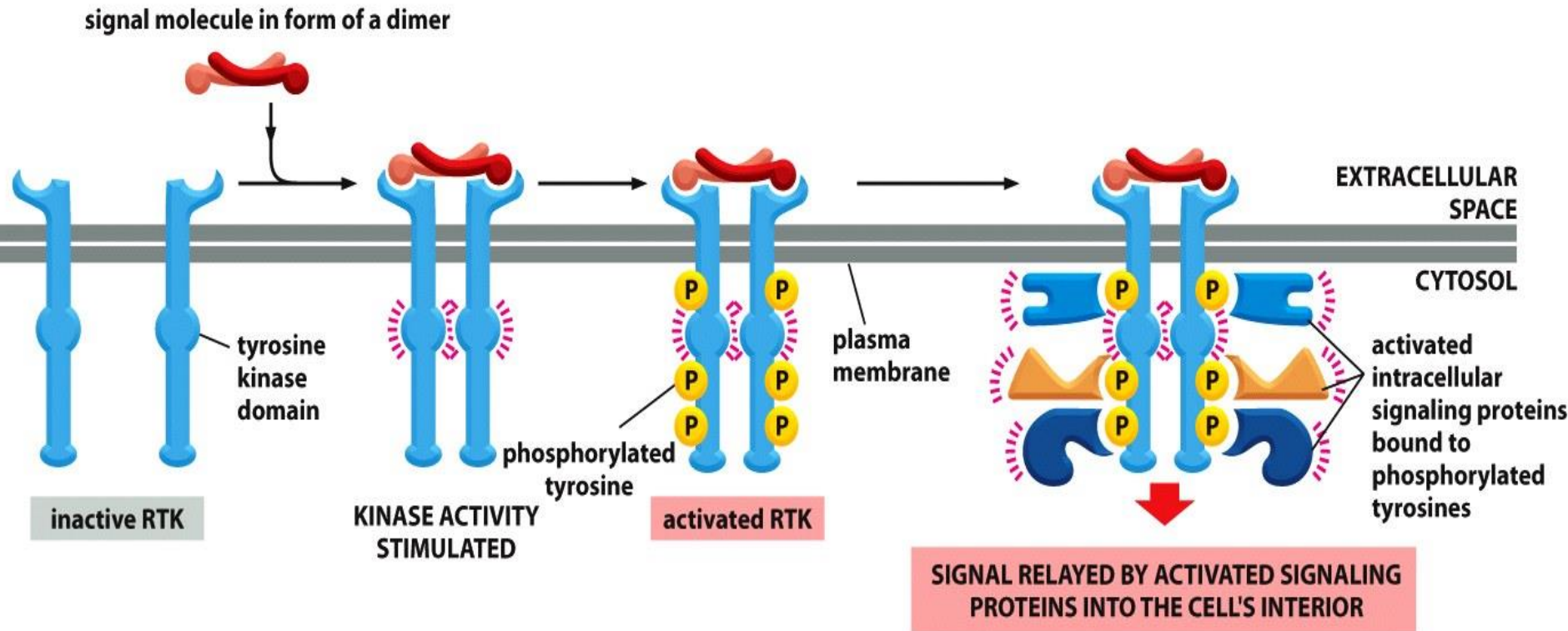


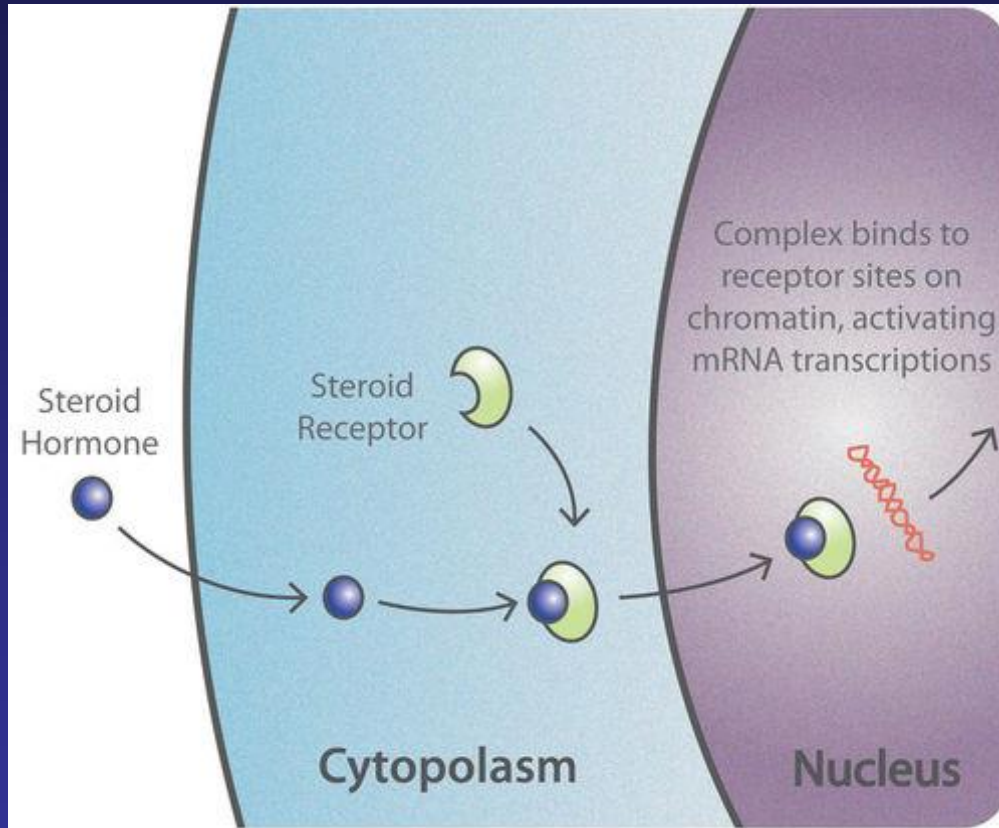
Figure 16-30 Essential Cell Biology 3/e (© Garland Science 2010)

the substrate protein can be an enzyme or an adaptor protein

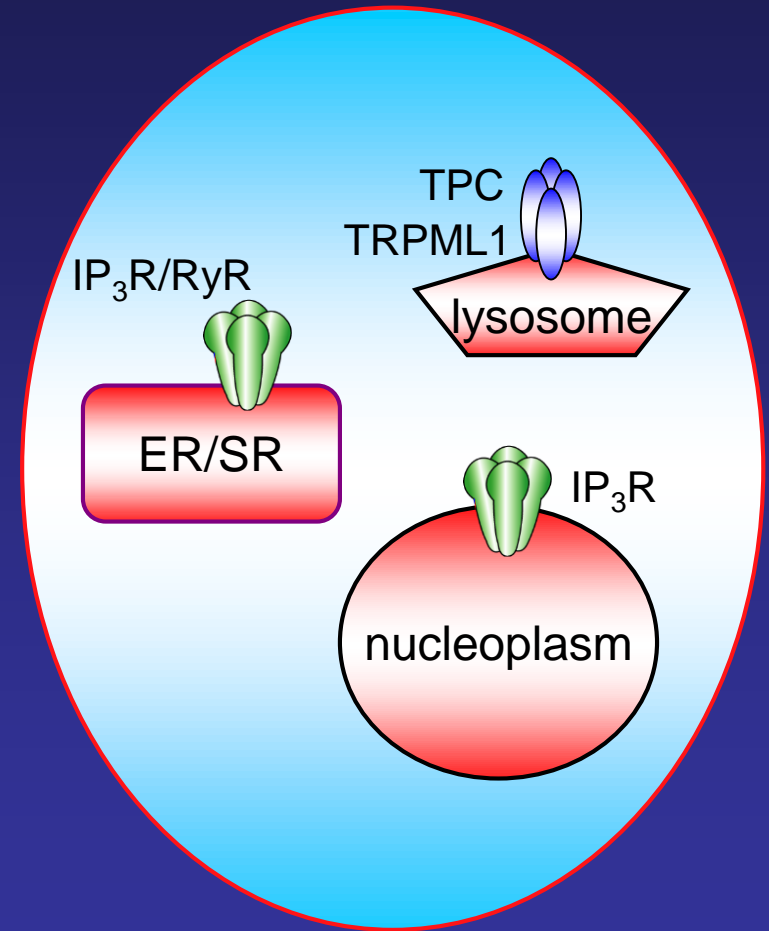


# intracellular receptors

nuclear hormone receptors



intracellular ionotropic receptors (ion channels)



# A very good and up to date resource on receptors & cell signalling



cell  
signallingbiology

Written by  
**Professor Sir Michael Berridge**  
University of Cambridge

<http://www.cellsignallingbiology.org/csb/>

If interested, may also consider visiting :  
<http://www.guidetopharmacology.org/>

THANKS